

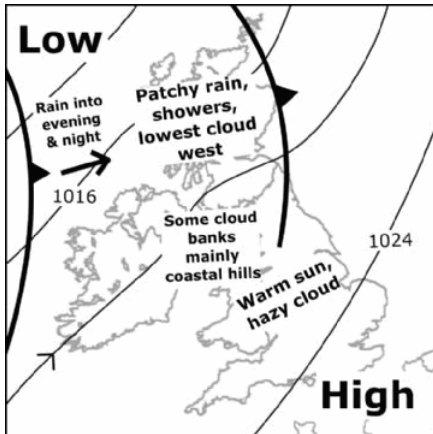
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 22 May, 2026



British Mountain Summary:

Based on forecast chart for noon 22 May, 2026

Scotland; Strong, gusty south-westerly with extensive low cloud and patchy rain and drizzle. Tending to ease off for many hills, with rising cloud bases.

England and Wales: South-west winds, but mostly dry with warm sunshine, some cloud banks, mostly coastal hills.

Headline for Lake District

Blustery. Cloud banks high terrain, breaking up. Sunshine coming through.

Detailed Forecast for Friday, 22 May, 2026

How windy? (On the summits)	Southerly 30-35mph; gusty, to 40mph early, downslope too. Easing to 20-30mph.
Effect of wind on you?	Strenuous walking, particularly early; buffeting gusts challenge stability, lower terrain too, feeling chilly. Easing slightly.
How wet? (Precipitation and its impact)	Likely dry Chance of some spots of rain here and there, but the fells probably dry during daylight.
Cloud on the hills?	Patchy banks on high terrain, breaking up Some early banks of cloud at various heights, most likely south and west fells. Cloud tending to increase but bases also lifting, to banks above 700m, mostly toward coastal hills. May well substantially clear the fells well inland.
Chance of cloud free summits?	30% lifting to 80%
Sunshine? Air clarity (below cloud)	Mixed cloud and sun, some sunnier windows but weakened by high cloud. Very good visibility.
How Cold? (at 750m)	11 or 12C, mildest eastern fells where may reach 13C. Feeling just above freezing in early wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 23 May	Sunday 24 May
How windy? (On the summits)	Southwesterly 15-20mph, notable gusts over tops and elevated passes.	South to south-westerly 10 to 20mph
Effect of wind on you?	Fairly small, though gusts in exposure will be a nuisance.	Small
How wet? (Precipitation and its impact)	Some drizzle south and west Some fine drizzle on the high tops and upper terrain from Coniston to Pillar. Drizzle will tend to rise to just highest terrain through morning, though may linger atop Scafell into afternoon.	Dry
Cloud on the hills?	Fairly extensive, rising and breaking May be fairly extensive in the morning above 600-700m, lowest on slopes towards Irish Sea, perhaps to 300m at dawn. Lifting with a breaking trend, to just banks above 700m; north fells likely clear.	Very little Aside from some patches of banks across coastal hills early in morning, which will burn off, fells are expected to be clear.
Chance of cloud free summits?	Rising to 80% north, 50% highest tops	90%
Sunshine? Air clarity (below cloud)	Mostly sunny, though weakened by high cloud. Excellent visibility.	Extensive sunshine coming through. Very good visibility.
How Cold? (at 750m)	8C rising to 11 or 12C.	Lifting to 15C, warm
Freezing Level	Above the summits.	Well above the summits

Planning Outlook**All mountain areas of Britain from Saturday, 23 May, 2026**

Pressure builds this weekend, centred over England and Wales where it will be warm and sunny. To the north of the high, a blustery and gusty south-westerly will persist across the Highlands with patchy rain and hill fog, mainly in the west and northwest. Very warm by Sunday and Monday valleys of Wales and England, mid to high 20s. Low 20s glens into southern and eastern Scotland. Next week, high pressure extends over Scotland, cutting of the low cloud and drizzle from northwest Scotland by midweek. Warm sunshine with light winds, still very warm into the valleys of England and Wales, although cooling down later in the week when a gusty easterly may develop for Wales and Pennines.

Forecast issued at 16:04 on Thursday, 21 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.