

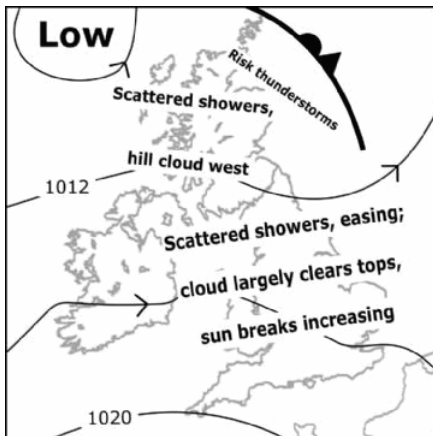
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 31 May, 2026



British Mountain Summary: Based on forecast chart for noon 31 May, 2026

Showers in Scotland, most frequent west where hill cloud will linger; clearer east, cloud caps around showers. Early showers and hill cloud England and Wales, cloud lifts to just passing caps Scafell and Yr Wyddfa, sun bursts breaking out and showers largely fade. Moderate breeze, occasional stronger gusts high tops.

Headline for Lake District

Scattered showers, most early, cloud breaking; breezy tops

Detailed Forecast for Sunday, 31 May, 2026

How windy? (On the summits)	West-southwesterly 15-20mph, occasionally stronger, particularly early with gusts to 25-30mph around showers.
Effect of wind on you?	Often fairly small, but breezy over the high tops, particularly early with light buffeting in gusts.
How wet? (Precipitation and its impact)	Well-scattered showers Showers drift in from the west throughout the day, mostly light and small, some fine drizzle in cloud on high western slopes in the early hours, the showers heavier at this time too. An easing tendency through afternoon.
Cloud on the hills?	Lifting to high west terrain, clearing east A sheet of cloud from 600m up in the morning, as low as 400m in the west. Bases lift through morning, a breaking trend too in the east where many fells will be clear of cloud by early afternoon. High tops likely stay in cloud, bar a few odd breaks, with variable banks above 700m on western slopes.
Chance of cloud free summits?	Rising to 80% east, 60% west
Sunshine? Air clarity (below cloud)	Patchy sun breaking out, best of sunshine later in the day. Very good visibility east, lingering cloud reduces visibility on high west slopes.
How Cold? (at 750m)	8 or 9C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 1 June	Tuesday 2 June
How windy? (On the summits) Effect of wind on you?	Southwesterly 15-20mph dawn, strengthening to 30-40mph for several hours, strongest Scafell northward. Deteriorating to arduous walking in exposure with considerable wind chill well into the day.	Westerly 15 to 20mph. Fairly small.
How wet? (Precipitation and its impact)	Rain soon setting in Patchy rain from before dawn soon becoming frequent, and likely persistent for much of the day on south and western slopes with some heavy falls.	Showery for a time, clearing Scattered showers, forming mostly inland into middle of day, odd heavy bursts, chance isolated thunder, tending to clear away eastward during afternoon.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive Variable cloud banks from low slopes up in the morning in the south, some early clearer slopes north Lakeland, but soon extensive above 600-700m widely, and often below 400-500m Coniston to Pillar. 20%	Mostly high tops, clearing Patchy cloud banks around some upper slopes in the morning, soon mostly above 800m, ragged patches near showers, then increasingly clearing many tops afternoon, some patches may come and go in west. 60%
Sunshine? Air clarity (below cloud)	Soon overcast. Visibility often poor due to fog and rain, good where below the cloud.	Glimpses of sun, becoming sunnier around coasts then later extending further inland. Visibility very good, reduced in showers.
How Cold? (at 750m) Freezing Level	9 or 10C. Feeling below freezing in strongest wind. Above the summits.	9 or 10C. Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 1 June, 2026**

An unsettled week ahead with low pressure facilitating periods of rain, showers, and a strengthening wind, as well as cooler temperatures. Rain spreads across most areas from the southwest on Monday, followed by showers on Tuesday, these showers perhaps turning into thunderstorms in central and east areas. The only settled window this week overnight into Wednesday, then more rain soon arrives from the west through Wednesday morning, spreading widely and with it gales likely over most hills as well except the far north of Scotland. Thursday and Friday remain showery and windy, nearly persistent rain and extensive low cloud northwest England and west Scotland, a few breaks in the east but showers always most widespread afternoon and even smaller hills seeing cloud over summits for periods.

Forecast issued at 16:10 on Saturday, 30 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.