

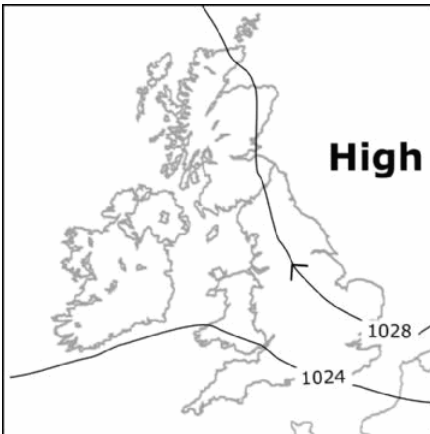
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 22 June, 2026



**British Mountain Summary:
Based on forecast chart for noon 22 June, 2026**

Although high pressure will dominate - bringing high temperatures and sunshine to Wales and most of England, in the far north and across Scotland, high level cloud may bring rain for an hour or two, this leading to formation of low cloud that may be very slow to lift.

Headline for Lake District

Light wind. Sunshine and very warm; but chance of shower.

Detailed Forecast for Monday, 22 June, 2026

How windy? (On the summits)	Southerly between 15 mph.
Effect of wind on you?	Mostly negligible
How wet? (Precipitation and its impact)	Risk of the odd shower but extensively dry Here and there a burst of rain.
Cloud on the hills?	Very little for most of the day - may form in rain. Patches possible some fells for a few hours from dawn; but will all clear.
Chance of cloud free summits?	Greater than 90%
Sunshine? Air clarity (below cloud)	Increasingly sunny although areas of high level cloud, mainly morning. Visibility good, although a haze.
How Cold? (at 750m)	14 rising to 17C - very warm.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Tuesday 23 June	Wednesday 24 June
How windy? (On the summits)	Southwesterly 15mph or less.	Direction may well vary, 10mph or less.
Effect of wind on you?	Negligible	Negligible
How wet? (Precipitation and its impact)	Rain very unlikely	Rain not expected
Cloud on the hills?	Little if any Fog here and there after dawn - clearing within a few hours	Little if any Risk fog lowest coastal slopes at times. The hills fog free.
Chance of cloud free summits?	Soon almost certain	90%
Sunshine? Air clarity (below cloud)	Sunshine extensive, perhaps sometimes weak due to thin high level cloud. Very good visibility although hazy.	Extensive sunshine. Hazy.
How Cold? (at 750m)	17C rising to a very warm (and exceptionally humid) 21C.	18C rising toward an exceptionally warm 21 to perhaps 24C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 23 June, 2026**

A few days of often sunny and very warm weather. Some doubt remains about daytime temperatures - these possibly exceptionally hot on Wednesday (England and Wales) and Thursday (everywhere). The range in mountain temperatures given on Wednesday's forecasts reflects the uncertainty. Gradually less hot Friday and into the weekend; the change accompanied by thunderstorms in some areas.

Forecast issued at 14:22 on Sunday, 21 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.