

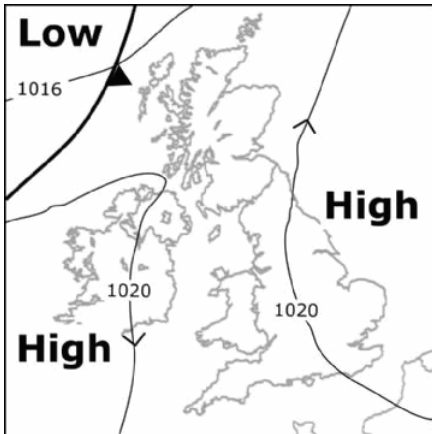
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Tuesday, 23 June, 2026



British Mountain Summary:

Based on forecast chart for noon 23 June, 2026

Becoming very warm and humid, particularly Wales where exceptionally so. Chillier north and west of Scotland, especially near the coast where it will become drizzly and misty. Elsewhere, be aware of dehydration and sunburn..

Headline for Lake District

Becoming very warm indeed. Extensive sunshine.

Detailed Forecast for Tuesday, 23 June, 2026

How windy? (On the summits)	Southwesterly 10mph.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	Rain very unlikely
Cloud on the hills?	Little if any Fog here and there after dawn - clearing within a few hours
Chance of cloud free summits?	Soon almost certain
Sunshine? Air clarity (below cloud)	Sunshine extensive, perhaps sometimes weak due to thin high level cloud. Very good visibility although hazy.
How Cold? (at 750m)	17C rising to a very warm (and exceptionally humid) 21C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 24 June	Thursday 25 June
How windy? (On the summits)	Direction may well vary, 10mph or less.	South to southeasterly between 10 and 20mph; perhaps particularly gusty at times.
Effect of wind on you?	Negligible	Generally small, although there may be sudden buffeting at times both on higher areas and some lower slopes.
How wet? (Precipitation and its impact)	Rain not expected	Small risk thunderstorms Risk thunderstorms developing later afternoon giving locally torrential rain.
Cloud on the hills?	Little if any Risk fog lowest coastal slopes at times. The hills fog free.	Little if any although patches may form near rain Mountains extensively cloud free. In thunderstorms, fog may be extensive some hills, in places from lower slopes up.
Chance of cloud free summits?	90%	90%
Sunshine? Air clarity (below cloud)	Extensive sunshine. Hazy.	Periods of sunshine. Persistent haze.
How Cold? (at 750m)	18C rising toward an exceptionally warm 21 to perhaps 24C.	Exceptionally warm 23 to 27C in afternoon. Unusually humid.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Wednesday, 24 June, 2026**

Exceptionally warm and humid most mountain areas until later Friday. The range in temperature in the detailed forecasts for Wednesday and Thursday reflect uncertainty in just how far north the extreme heat will penetrate - with more recent forecasts suggesting the (even) more extreme temperatures.

Scattered thunderstorms on Thursday and Friday, whilst over the weekend, progressively less warm as fronts begin to come in off the Atlantic, bringing bands of rain and low cloud, particularly affecting western mountains.

Forecast issued at 13:56 on Monday, 22 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.