

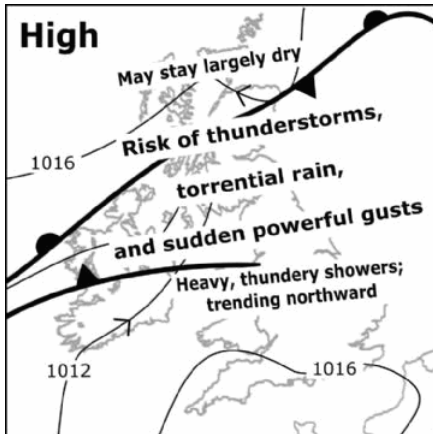
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 26 June, 2026



British Mountain Summary:

Based on forecast chart for noon 26 June, 2026

Starting hot and humid again, a cooling trend afternoon. Thundery showers for many in the morning, tending to clear in Wales. Afternoon thunderstorms and torrential rain in north England and Scotland, risk of localised flash flooding near heaviest downpours. Driest south Wales and Northwest Highlands.

Headline for Lake District

Hot and muggy, risk thunderstorms and local flash flooding

Detailed Forecast for Friday, 26 June, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Generally south-southwesterly 15-20mph, gusty around showers; risk of a sudden swathe of very powerful wind around thunderstorms which may approach 50mph. A strengthening trend later with sustained speeds approaching 30mph around evening.</p> <p>Fairly small at times but often gusty with buffeting around showers/thunderstorms; risk of a sudden swathe of wind strong enough to knock you off balance.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Periods of rain/thunderstorms, risk extended torrential falls</p> <p>Risk scattered bursts of heavy rain or thunderstorms from dawn or before, some dry periods too. Risk torrential downpours/thunderstorms returning afternoon; rapidly rising rivers and streams with flash flood risk.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Banks increasingly forming afternoon</p> <p>Ragged patchy fog here and there at dawn, many fells becoming cloud-free. Varied banks reforming around rain, mostly southwest fells; ragged patches near rain to lower elevations, and may become fairly extensive later around thunderstorms.</p> <p>80%, lowering to 40%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Patchy sun through high cloud, may becoming overcast and muggy if thunderstorms form.</p> <p>Hazy early, visibility improving somewhat, but again deteriorating in thunderstorms.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>An exceptionally hot and humid 22C through morning, cooling afternoon, finishing near 17 or 18C and further cooling into night.</p> <p>Above the summits.</p>

Lake District - Looking Ahead

	Saturday 27 June	Sunday 28 June
How windy? (On the summits) Effect of wind on you?	Southerly, some uncertainty of peak speed, in range 30mph to possibly 50mph, at least in gusts around higher Expect strenuous walking conditions, more challenging in places with buffeting gusts knocking you off balance.	Southwesterly 20-30mph, sometimes gusting 35mph over the highest tops. Walking often impeded on high exposed fells, a cool feeling; may be locally fairly small.
How wet? (Precipitation and its impact)	Rising risk bursts of rain with thunder The morning perhaps substantially dry, some fine drizzle possible on high tops early. An increasing risk of heavy, thundery showers forming through afternoon.	Morning rain, scattered patches afternoon Several bands of rain pass west-to-east through morning, brief heavy falls and dry windows. Breaking into just scattered patchy rain afternoon, amounting to little.
Cloud on the hills? Chance of cloud free summits?	Varied, extensive around rain Varied to fairly extensive cloud banks in the morning, to some lower slopes southwest. Base rising, local breaks best north. More persistent Scafell area. In rain, lowering, filling in again, low ragged patches. 30%	Increasingly clearing summits afternoon Likely shrouding high terrain through morning, bases near 600-700m in rain, or lower western fells. Through afternoon, bases rising, cloud increasingly broken, likely just caps on high tops mid-afternoon with breaks. 30% rising to 80%
Sunshine? Air clarity (below cloud)	Brief glimpses of sun, mainly north. Misty some slopes in morning. Visibility improving for a time if dry below cloud, but poor around rain.	A few glimpses of morning sun, breaking to a patchwork of cloud and sun afternoon. Visibility becomes excellent.
How Cold? (at 750m) Freezing Level	14 to 16C, small variation all day. Still rather humid. Feeling cooler directly in wind. Above the summits.	10 or 11C. Feeling like 1 to 3C in strongest wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 27 June, 2026**

The transition away from the exceptionally hot and humid weather begins on Saturday as wind shifts southwesterly and strengthens. Rain and thunderstorms may continue on Saturday as well as perhaps early Sunday, but a front will push east across the country on Sunday, followed by fresher, sunnier weather; patchy rain will likely linger here and there, notably northwest Scotland.

Westerly Atlantic patterns dominate next week: high pressure south and low pressure north will bring alternating settled and unsettled windows. Wind generally on the strong side, mild to sometimes warm temperatures, and periods of rain punctuated by bright sunshine. North and western areas most vulnerable to extensive cloud and prolonged rain.

Forecast issued at 16:29 on Thursday, 25 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.