

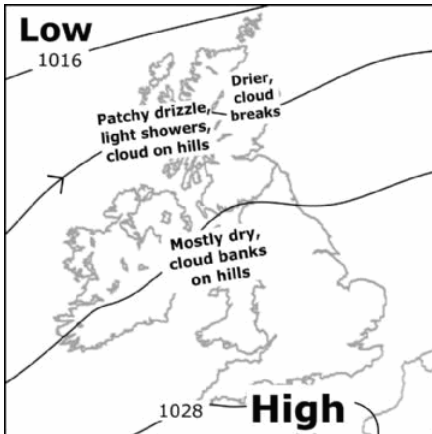
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Monday, 29 June, 2026



### British Mountain Summary: Based on forecast chart for noon 29 June, 2026

Southwesterly breezes, strongest in the morning. Cloud covering many western hills, some drizzly rain and light showers, mostly western Scotland. Cloud higher and more broken toward east. Some improvements in the west as cloud base rises, some breaks forming afternoon. Rain develops from west into night.

### Headline for Lake District

Strongest wind easing. Odd light showers, cloud on fells, improving.

## Detailed Forecast for Monday, 29 June, 2026

<b>How windy? (On the summits)</b>	West-southwesterly 25-30mph dawn to early morning, strongest higher fells, easing to 15-20mph afternoon, but may increase a little 20-25mph into evening on western high tops at least.
<b>Effect of wind on you?</b>	<b>Blustery in exposure early in day, strenuous moments on tops, easing to more moderate effects, though still blustery later on high tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Spotty rain, rare showers</b> A few spots of light rain drift from the west from time to time, locally damp over an hour or so early morning in west; amounting to little further east and often dry. Largely dry afternoon, chance an odd shower. Into night, patchy rain spreads from southwest, some heavier.
<b>Cloud on the hills?</b>	<b>Banks over high terrain, breaks east</b> Fairly extensive early in day to middle slopes with lower variable banks, most extensive to the west. A general lifting trend, best of breaks forming east of high terrain; banks likely come and go above 800m west fells most of the day.
<b>Chance of cloud free summits?</b>	<b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of cloud and sun, best sun lower eastern slopes. Very good visibility.
<b>How Cold? (at 750m)</b>	7 or 8C rising to 11C afternoon. Feeling near freezing on high tops in strongest wind in morning.
<b>Freezing Level</b>	Above the summits.

## Lake District - Looking Ahead

	<b>Tuesday 30 June</b>	<b>Wednesday 1 July</b>
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southerly 20 to 25mph, shifting southwesterly and easing a little, then later westerly, may freshen slightly again. <b>Blustery over exposed higher fells at least part of the day, moderating a little in afternoon.</b>	Westerly 15-20mph in morning, then strengthening southwesterly, to 25-35mph afternoon, later risk 40-50mph. <b>Fairly small in the morning, but becoming more blustery, walking uncomfortable later, possibly arduous in exposure.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent or persistent rain, some heavy</b> Areas of rain and showers throughout the day, periods of constant rain, likely heaviest and most persistent southwest Lakes in morning, but increasingly widely; risk of isolated thunder.	<b>Rain likely later</b> Generally dry for many hours, except for an odd isolated shower. Later afternoon-evening, increasing risk of rain moving in from west, may set in heavy.
<b>Cloud on the hills?</b>	<b>Fairly extensive</b>  Shrouding most high terrain all day, varying bases around rain, some ragged patches to lower slopes. Local breaks may form higher up, mainly northeastern Lakes.	<b>Fairly extensive, lifting, some breaks</b>  Covering many fells in the morning, to some mid-slopes in west. Tending to lift and break toward upper slopes, clearing best toward east. Lowering from west later if rain arrives.
<b>Chance of cloud free summits?</b>	<b>20%</b>	<b>20% rising to 60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Generally cloudy, brief weak sun north and east mainly morning. Visibility often reduced by rain, poor for periods; intermittently very good if dry.	Fairly cloudy, some sun breaks through, later giving way to thickening high cloud. Visibility very good below cloud.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	9C rising to 11C afternoon. Feeling like 2 to 5C in the breeze.  Above the summits.	9 or 10C, little variation all day. Feeling near or possibly below freezing on high tops as wind increases later.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Tuesday, 30 June, 2026**

A changeable westerly Atlantic pattern dominates this week. Western hill groups from Lakeland northward will see the most cloud and rain, while east and southern areas are drier and sunnier. A spell of stronger winds and more widespread rain likely develops later Wednesday to early Thursday. Possibly another windy and wetter spell into Friday. A rather cool and windy westerly pattern is likely to continue into next weekend with showery rain. Drier and warmer conditions are indicated into the week of 5th July, though southwesterlies may still bring more cloud to the west, some rain in northwest Scotland.

**Forecast issued at 16:00 on Sunday, 28 June, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.