

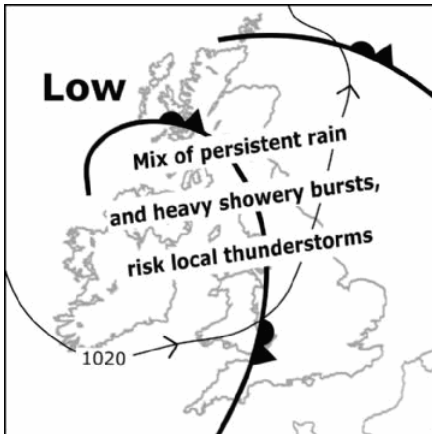
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 30 June, 2026



### British Mountain Summary:

**Based on forecast chart for noon 30 June, 2026**

Rain and cloud over the hills widely, heavier pulses of rain tending to extend north and eastwards with time through middle of day into afternoon, some local thundery downpours forming. Wind dropping light across much of Highlands, fresh south-southwest winds England and Wales.

### Headline for Lake District

Frequent rain, some heavy bursts. Moderate breeze.

## Detailed Forecast for Tuesday, 30 June, 2026

<b>How windy? (On the summits)</b>	Southerly 20 to 25mph, shifting southwesterly and easing a little, then later westerly, freshening slightly again toward evening to 20mph.
<b>Effect of wind on you?</b>	<b>Blustery over exposed higher fells in morning and middle of day, moderating a little in afternoon.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Frequent or persistent rain, heavy bursts, risk lightning</b> Areas of rain and showers throughout the day, periods of constant rain, heaviest and most persistent west-southwest fells in morning, but increasingly widely through middle of day and afternoon; risk of hail and thunder. Heavier showers clear east toward evening, leaving lighter showers.
<b>Cloud on the hills?</b>	<b>Fairly extensive</b> Shrouding most high terrain all day, varying bases around rain, some ragged patches to lower slopes. Local breaks may form higher up, mainly northeastern Lakes. Some late improvements into evening.
<b>Chance of cloud free summits?</b>	<b>20%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Generally cloudy, brief weak sun north and east mainly morning. Visibility often reduced by rain, poor for periods; intermittently very good if dry.
<b>How Cold? (at 750m)</b>	9C rising to 11C afternoon. Feeling like 2 to 5C in the breeze.
<b>Freezing Level</b>	Above the summits.

## Lake District - Looking Ahead

	Wednesday 1 July	Thursday 2 July
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Westerly 15-20mph in morning, then strengthening southwesterly, to 25-35mph afternoon, later 50mph, risk 60mph. <b>Fairly small in the morning, but becoming more blustery, walking uncomfortable then increasingly arduous, later difficult.</b>	Westerly, risk 60-70mph dawn-early morning, lessening to 30-40mph during morning, 20-30mph in afternoon. <b>Risk severe conditions from overnight and still difficult well into daytime, walking and balance challenging, slowly improving.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain develops later</b> Generally dry until later afternoon, except for an odd isolated shower. Onward into evening, rain moving in from west, some heavier falls setting in especially western areas.	<b>Showers fade</b> Overnight rain likely clears to leave showery conditions in the morning, becoming well scattered and brief afternoon, may become more often dry.
<b>Cloud on the hills?</b>	<b>Fairly extensive, lifting, some breaks</b>  Covering many fells in the morning, to some mid-slopes in west. Tending to lift and break toward upper slopes, clearing best toward east. Lowering from west later as rain arrives.	<b>Lifting toward or above tops</b>  Covering high terrain fairly widely from dawn, soon mostly confined to highest tops and gradually tending to thin and break, but patches may come and go in west.
<b>Chance of cloud free summits?</b>	<b>20% rising to 60%, then 20% later.</b>	<b>30% rising to 70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy, some sun breaks through, later giving way to thickening high cloud. Visibility very good below cloud.	Glimpses of sun breaking through, mostly inland and east Lakes. A general haze near coast, visibility good below cloud further inland.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	9 or 10C, little variation all day. Feeling near or later below freezing on high tops as wind increases. Above the summits.	7C rising to 10C afternoon. Directly in the stronger winds feeling like -5 to -8C on tops, nearer 0C later. Above the summits.

## Planning Outlook

### All mountain areas of Britain from Wednesday, 1 July, 2026

A changeable westerly Atlantic pattern this week and into the weekend. By later Wednesday into Thursday, a spell of upland gales and more widespread rain. Risk of another windy and wetter spell into Friday. Rain and cloud most frequent over western hills from Lake District northward. Temperatures this week near or slightly below average, with marked wind chill on tops. An improving trend from the south over the weekend, best conditions for Wales and eastern hills elsewhere. Drier and warmer conditions more likely into next week, though southwesterlies may still bring more cloud to the west, some rain mainly northwest Scotland.

### Forecast issued at 16:03 on Monday, 29 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.