

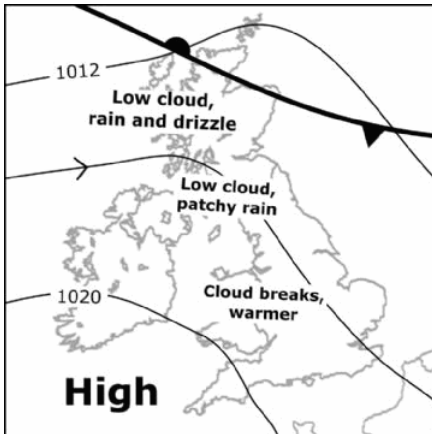
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



**Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to [www.wheelwrights.com](http://www.wheelwrights.com)**

## General Summary for Tuesday, 7 July, 2026



### British Mountain Summary: Based on forecast chart for noon 7 July, 2026

Windy over high terrain, strongest in the morning, again later in Scotland. Damp and murky north and western Highlands, more persistent rain at times. Some improvement southern Highlands in afternoon. Often dry for northern England, but higher fells shrouded in cloud. Brighter for Wales as cloud thins.

### Headline for Lake District

Early gales ease. Low cloud, rising to higher fells, occasional rain.

## Detailed Forecast for Tuesday, 7 July, 2026

<p><b>How windy? (On the summits)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Westerly 35-45mph around dawn to early morning, gusts 50mph at first. Lessening to 25mph into middle of day, at times 20mph afternoon, then rising a little again to 25-30mph toward evening, gusty in places.</p> <p><b>Strenuous walking in exposure in morning, more arduous early in day with buffeting gusts knocking you off balance; notable wind chill. Moderating into afternoon.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Patchy rain</b></p> <p>Rain here and there most of the day, odd brief showers, but generally light in nature and regularly dry, particularly east and southeastern fells.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free summits?</b></p>	<p><b>Lifting to high terrain, breaks south/east areas</b></p> <p>Fairly extensive to middle slopes at dawn, lowest patches on northwestern fells during rain. A general lifting trend, bases to 700-800m, breaks to near 900m easternmost fells, but any breaks off highest tops brief, and thicker banks returning for periods in north and west.</p> <p><b>20% rising to 40%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Fairly cloudy, some sun breaking through east and southeast areas afternoon. Visibility very good below cloud.</p>
<p><b>How Cold? (at 750m)</b></p> <p><b>Freezing Level</b></p>	<p>11C rising to 13 or 14C. Feeling close to freezing on high tops if exposed to wind early in morning.</p> <p>Above the summits.</p>

## Lake District - Looking Ahead

	Wednesday 8 July	Thursday 9 July
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	West to southwesterly 15 to 20mph, in places 25mph around high tops at dawn to early morning, easing. <b>Fairly small, some noticeable gustier spots early in day.</b>	West to southwesterly 5 to 15mph, likely strongest early in day. <b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Early patchy cloud clearing</b>  Some cloud banks on hill slopes mainly western areas in the morning. Highest tops may start above this cloud. Tending to all thin and disperse into middle of day.  <b>50% rising to 90%</b>	<b>Hills clear</b>  Patchy mist some valleys at dawn, briefly may drift onto lower hill slopes early in day, but soon all dispersing.  <b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Varied cloud in morning, but increasingly sunny with thin patchy cloud afternoon. Visibility very good, some early mist.	Generally sunny, a little fair-weather cloud. Some early patchy mist, otherwise visibility excellent.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	13C rising to 18C afternoon.  Above the summits.	14C rising to 20C afternoon.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Wednesday, 8 July, 2026**

A drier and warmer window builds into the middle of this week: very warm in England and Wales. Still low cloud persistent especially toward northwest Scotland, but spells of sunshine spread northward, and lighter wind. Some rain late this week in western Scotland though mostly light and patchy, many places dry. High pressure expands across Scotland through the weekend bringing more widely clearer hills, dry and warm conditions in the extended outlook into mid July - easterly winds likely develop, particularly England and Wales; a chance of some isolated thunderstorms occasionally.

**Forecast issued at 16:21 on Monday, 6 July, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.