

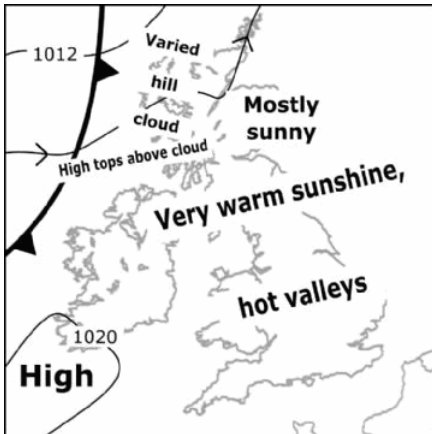
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 9 July, 2026



**British Mountain Summary:
Based on forecast chart for noon 9 July, 2026**

Warm-to-hot sun for most, risk of sunburn and dehydration. Early sea fog on low slopes near west coasts of England and Wales, may briefly lift but soon dissipating. Varied cloud western Scottish Highlands, mostly Mull to Skye, little or none eastward; high tops in and around Lochaber above the cloud layer.

Headline for Lake District

Largely sunny and very warm; some early sea fog

Detailed Forecast for Thursday, 9 July, 2026

How windy? (On the summits)	West to southwesterly 10-15mph early in day, soon dropping to 5-10mph, occasional stronger gusts over the northern fells.
Effect of wind on you?	Small to negligible.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Hills clear Some patchy low coastal fog on western fells in the morning, possibly lingering for a few morning hours and drifting slightly upslope; higher slopes clear, looking above sea fog. Patchy mist some inland valleys at dawn too, briefly may drift onto lower hill slopes early, but soon all dispersing.
Chance of cloud free summits?	Nearly certain
Sunshine? Air clarity (below cloud)	Mostly sunny, a little fair-weather cloud. Some early patchy mist, otherwise visibility excellent.
How Cold? (at 750m)	15C rising to 19C afternoon.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 10 July	Saturday 11 July
How windy? (On the summits) Effect of wind on you?	Southeasterly or variable 10-15mph or less, some gustiness afternoon, including upslope at lower elevations. Small.	Notable variability; generally east to southeasterly, speeds between 5 to 15mph. Mostly small.
How wet? (Precipitation and its impact)	Most likely dry Late in the day, chance of a very isolated burst of rain, low risk a thundery downpour.	Chance patchy rain A few spots of rain may drift from the north, though amounting to little and may be entirely dry.
Cloud on the hills? Chance of cloud free summits?	Hills clear Practically certain	Little or none Odd patchy mist in sheltered valleys at dawn, this soon fading for largely clear fells. A small chance of an odd cap grazing the high tops. 90%
Sunshine? Air clarity (below cloud)	Strong sunshine, some thin high cloud, may build across the sky later. Visibility very good, but may become hazier.	Mostly sunny, some thin high cloud and perhaps patchy fair weather cloud around. Excellent visibility.
How Cold? (at 750m) Freezing Level	17C at dawn rising to 22C; very warm (valley temperatures approaching 28C) and rather humid. Above the summits.	16 to 18C, some variability. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 10 July, 2026

Staying warm in Scotland, hot for England and Wales into the weekend. High pressure shifts northward, facilitating a strengthening easterly wind across most areas. Some lingering cloud and rain over the Scottish Highlands on Friday and Saturday, some risk of heavier thundery bursts on Friday. The weekend is likely dry across England and Wales with fairly extensive sun, some sea fog beginning to affect northeastern hill groups later weekend.

Easterly wind will persist next week, sometimes quite strong England and Wales. Mostly sunny and quite hot, including Scottish Highlands. Low pressure south of the country may push showers into Wales, though confidence is low.

Otherwise, this hot and dry pattern is likely to persist until late next week, at least.

Forecast issued at 16:20 on Wednesday, 8 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.