

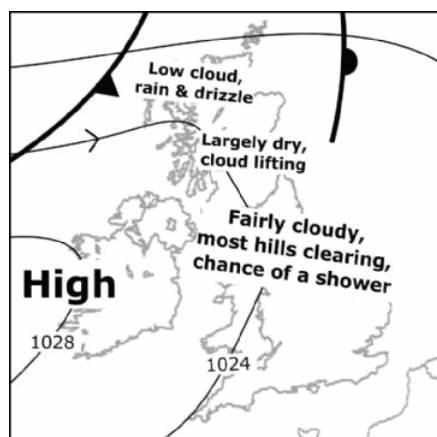
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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## General Summary for Thursday, 23 July, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 23 July, 2026

Low cloud and drizzle across the northern parts of the Highlands in the morning, cloud tending to lift for central-southern Highlands, but northwestern areas stay damp, more persistent rain later and winds also strengthening. Cloudy skies for England and Wales, most hills clearing in the morning, low risk of a shower.

### Headline for Lake District

Light-moderate breeze. Largely dry, cloud lifts above hills.

## Detailed Forecast for Thursday, 23 July, 2026

|                                                   |                                                                                                                                                                                                      |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                | West to northwesterly 10 to 15mph or less, tending to increase a little toward evening 15-20mph, reaching 25-30mph into night.                                                                       |
| <b>Effect of wind on you?</b>                     | <b>Mostly small during day.</b>                                                                                                                                                                      |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Generally dry</b><br>Small chance a brief light shower mainly afternoon.                                                                                                                          |
| <b>Cloud on the hills?</b>                        | <b>Patchy cloud lifting and breaking</b><br>Patchy cloud banks from dawn, soon mostly above 700m. Cloud base rising toward then above most higher summits by midday, odd patches Scafell group tops. |
| <b>Chance of cloud free summits?</b>              | <b>60% rising to 90%</b>                                                                                                                                                                             |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Patchwork of cloud and sun, best toward the coast in the afternoon.<br>Visibility very good.                                                                                                         |
| <b>How Cold? (at 750m)</b>                        | 11C rising to 13 to 15C, warmest eastern fells afternoon.                                                                                                                                            |
| <b>Freezing Level</b>                             | Above the summits.                                                                                                                                                                                   |

## Lake District - Looking Ahead

|                                                   | Friday 24 July                                                                                                                                                                     | Saturday 25 July                                                                                                                                                                                                                                 |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                | Westerly 20 to 30mph, sustained speeds likely strongest later in day.                                                                                                              | Westerly 30 to 40mph, some fluctuation during day with stronger gusts for periods, 50mph higher fells.                                                                                                                                           |
| <b>Effect of wind on you?</b>                     | <b>Breezy over the fells, starting to affect ease of walking on exposed higher areas. Noticeable wind chill.</b>                                                                   | <b>Strenuous walking and marked chill over the fells, buffeting gusts making balance challenging on exposed ridges.</b>                                                                                                                          |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Some fine drizzle</b><br>A little drizzle in the air at times, mostly western areas around low cloud.<br>Into the night, patchy rain likely arrives from the northwest.         | <b>Rain and drizzle</b><br>Patchy rain from overnight becoming fairly persistent by dawn into the morning, some steadier rain mixed with drizzle. May ease and become patchier, but likely to remain generally damp over western fells at least. |
| <b>Cloud on the hills?</b>                        | <b>Most common over western tops</b><br><br>Banks of cloud drifting over western Lakeland fells mostly above 700m, more often 800-900m further east, breaking to tops for periods. | <b>Extensive, lowest west and southwest</b><br><br>Blanket cloud likely shrouding the fells most or all day, to lower elevations western Lakeland, rarely above 600-700m inland and eastwards, perhaps brief breaks.                             |
| <b>Chance of cloud free summits?</b>              | <b>40% west, to 70% east.</b>                                                                                                                                                      | <b>10%</b>                                                                                                                                                                                                                                       |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Fairly cloudy, some sun breaking through at times, mainly in east.<br>Visibility very good below cloud.                                                                            | Cloudy, dull and misty over the fells much of the day, often poor visibility, some local improvements below cloud in east.                                                                                                                       |
| <b>How Cold? (at 750m)</b>                        | 9C rising to 13C.<br>Feeling like 2 to 4C directly in the wind.                                                                                                                    | 10 to 12C.<br>Feeling near/below freezing on high tops directly in the wind.                                                                                                                                                                     |
| <b>Freezing Level</b>                             | Above the summits.                                                                                                                                                                 | Above the summits.                                                                                                                                                                                                                               |

## Planning Outlook

### All mountain areas of Britain from Friday, 24 July, 2026

Westerly winds reaching gale-force over Scottish tops on Friday; low cloud across western Scotland, drizzle and steadier light rain, turning heavier later in the day. A swathe of persistent rain and strong winds moving southwards across Britain into Saturday, leaving a legacy of showers for Scotland, winds tending to lessen. Further areas of showers into Sunday. A changeable west to southwesterly pattern into next week and likely into early August, bringing spells of rain and showers; varying wind speeds, strengthening at times to gales on high tops. Often cooler for Scotland, a mix of cooler and warmer days for England & Wales.

### Forecast issued at 16:00 on Wednesday, 22 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.