

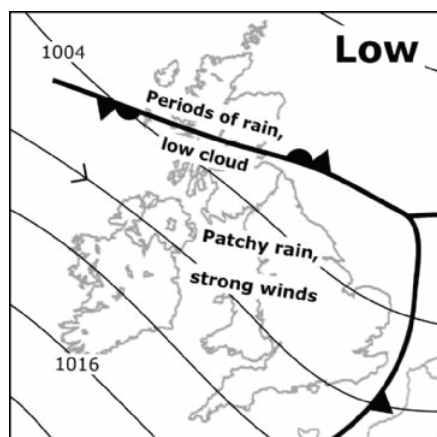
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 26 July, 2026



British Mountain Summary:

Based on forecast chart for noon 26 July, 2026

Spells of rain and showers affect most places during the day, some heavier falls toward eastern Scotland in afternoon. Cloud covering most high terrain, bases rising during day, breaks emerge at times. Blustery winds for England, Wales and southern Scotland, more moderate speeds for the Highlands.

Headline for Lake District

Windy, gusts gale-force. Showery rain, cloud on tops.

Detailed Forecast for Sunday, 26 July, 2026

How windy? (On the summits)	West to northwesterly 30 to 35mph with gusts over 40mph around higher fells, occasionally stronger in the morning and around showers.
Effect of wind on you?	Affecting comfortable walking and balance over higher terrain, buffeting gusts, in places more challenging on exposed ridges. Notable wind chill.
How wet? (Precipitation and its impact)	Showery rain Showery rain drifts from the northwest much of the day, periods of extended falls in the morning, then showers more scattered with time during afternoon, some drier windows develop.
Cloud on the hills?	Fairly extensive, some breaks afternoon Terrain above 700-800m stays in cloud most of the day. Lowest bases early where locally to 400-500m on west and northern fells. A few higher breaks at times into afternoon, but bases returning as low as 600m in showers.
Chance of cloud free summits?	20% rising to 50%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sunshine. Varied visibility, very good below cloud out of showers, but often foggy on summits.
How Cold? (at 750m)	10 or 11C, may rise slightly eastern fells. Feeling near to freezing in the wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 27 July, 2026

West-southwesterly winds will bring rain to most places early in the new week, some more prolonged heavier falls for western Scotland by Tuesday, accompanied by gales over high terrain, severe on Scottish tops, but rather humid for all, warm for England and Wales. Cooler air toward northwest Scotland moves across all of Scotland by Wednesday. Showery rain through mid-late week, some heavy and possibly thundery bursts, mainly Scotland. Likely drier for Wales and southern Pennines. More uncertainty toward next weekend and early the following week, but a risk of a broad zone of low pressure bringing areas of rain and heavy showers through early August.

Forecast issued at 16:00 on Saturday, 25 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.