

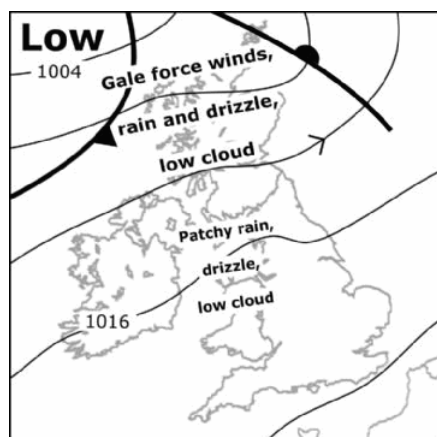
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 28 July, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 28 July, 2026

Challenging conditions over high terrain with gale-force winds, severe gales on the higher Scottish mountains. A few hours of persistent rain, some heavy for the Highlands, leaving drizzly conditions, low cloud across most hills. Some heavier rain again later in western Scotland.

### Headline for Lake District

Gales on higher fells. Drizzly rain, low cloud.

## Detailed Forecast for Tuesday, 28 July, 2026

|                                                   |                                                                                                                                                                                                                                      |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                | Southwesterly 35 to 50mph, gusts 60mph around higher fells in the morning, peak speeds fluctuating during the day, slightly less middle of day and early afternoon.                                                                  |
| <b>Effect of wind on you?</b>                     | <b>Challenging walking conditions, balance difficult on exposed ridges, gusts could knock you over. Marked wind chill despite mild and humid air.</b>                                                                                |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Rain and drizzle, mostly morning</b><br>Periods of persistent rain widely in the morning, mixed with drizzle. Tending to ease off afternoon onward to patchier drizzle, drier at times, for longest eastern Lakeland.             |
| <b>Cloud on the hills?</b>                        | <b>Extensive, lowest southwest</b><br>Blanket cloud shrouding the fells from lower elevations upward in west and southwest Lakes much of the day, rising a little in afternoon. Higher bases northeast, local breaks above 600-700m. |
| <b>Chance of cloud free summits?</b>              | <b>20%</b>                                                                                                                                                                                                                           |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Largely cloudy, misty poor visibility in rain, local improvements below cloud if dry mainly toward north and east Lakes, glimpses of sun afternoon.                                                                                  |
| <b>How Cold? (at 750m)</b>                        | 13C, little variation all day, quite humid.<br>Feeling like 0 to 3C directly in wind on tops.                                                                                                                                        |
| <b>Freezing Level</b>                             | Above the summits.                                                                                                                                                                                                                   |

## Lake District - Looking Ahead

|                                                                         | Wednesday 29 July                                                                                                                                                                                                                                                 | Thursday 30 July                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b><br><br><b>Effect of wind on you?</b> | South to southwesterly 25 to 30mph, some stronger gusts over higher fells.<br><br><b>Blustery over the fells, affecting ease of walking with some buffeting gusts on exposed higher areas.</b>                                                                    | Southwest then westerly, 20 to 25mph strengthening during morning to reach 30-35mph, stronger gusts afternoon.<br><br><b>Fairly small at first, but increasingly affecting comfortable walking, buffeting gusts in exposure. Marked wind chill.</b> |
| <b>How wet?</b><br>(Precipitation and its impact)                       | <b>Local drizzle or a shower; rain later</b><br>Some drizzle around low cloud on west and southwest fells.<br>A small chance of an isolated thundery burst of rain later afternoon. A band of rain moves in from west late evening into night, possibly thundery. | <b>Showers</b><br>Scattered showery rain, briefly may give odd heavy bursts, tending to move away eastward in afternoon. By evening a risk of some further showers returning from west.                                                             |
| <b>Cloud on the hills?</b>                                              | <b>May persist southwest, varied north/east</b><br>Shrouding fells toward coast much of day, to some lower elevations for periods, may improve. Often capping tops, but higher bases, breaks best northeast Lakes.                                                | <b>Mostly west, lifting to clear tops</b><br>Patchy cloud banks over higher fells, most in western areas in the morning, bases tending to rise and break above many tops, odd lowering patches in showers.                                          |
| <b>Chance of cloud free summits?</b>                                    | <b>20% southwest, to 50% north/east.</b>                                                                                                                                                                                                                          | <b>70%</b>                                                                                                                                                                                                                                          |
| <b>Sunshine?</b><br>Air clarity (below cloud)                           | Fairly cloudy, glimpses of sun mostly northeast Lakes. Visibility good below cloud, but misty for a time west/southwest.                                                                                                                                          | Fairly cloudy, then sun breaking through more often during afternoon. Visibility reduced in showers, otherwise good becoming very good.                                                                                                             |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>                 | 13C rising to 16C inland and east afternoon, quite humid.<br>Feeling like 3 to 8C directly in wind.<br>Above the summits.                                                                                                                                         | 8 to 10C, coolest western tops, slight drop toward evening.<br>Feeling like 0C in exposure to wind.<br>Above the summits.                                                                                                                           |

## Planning Outlook

## All mountain areas of Britain from Wednesday, 29 July, 2026

A complex pattern into the start of August as weak low pressure is nearby to the west. Some showery bursts of rain, possibly thundery in places on some days, locally persistent rain possible, but some places may well escape drier. Cloud varying over the hills from day to day. Strong southwesterly winds later this week, then becoming more variable in speed and direction over the weekend into early next week, may strengthen again for periods. A generally showery westerly may then prevail during next week. Temperatures near average or on the cooler side for Scotland, warmer for Wales and Peak District. Beware ongoing fire management restrictions to access despite rain in the forecast.

## Forecast issued at 7:53 on Tuesday, 28 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.