

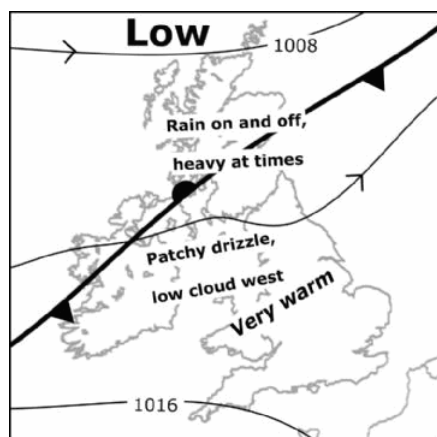
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Wednesday, 29 July, 2026



British Mountain Summary:

Based on forecast chart for noon 29 July, 2026

A swathe of frequent to persistent rain through central & southern Scotland, some heavier bursts with possible thunder and lightning afternoon. Patchier showers in northwest, rather cool here. Warmer and humid southwards, low cloud covering many western hills, some drizzle near Irish Sea.

Headline for Lake District

Windy. Drizzle or some showers, cloud on hills.

Detailed Forecast for Wednesday, 29 July, 2026

How windy? (On the summits)	South to southwesterly 25 to 30mph, some stronger gusts over higher fells.
Effect of wind on you?	Blustery over the fells, affecting ease of walking with some buffeting gusts on exposed higher areas.
How wet? (Precipitation and its impact)	Drizzle and some rain, wetter later Drizzly rain around low cloud most frequent on west and southwest fells, some steadier rain possible at times. Some heavier bursts forming afternoon, a band of rain moves in from west into evening and night, possibly thundery.
Cloud on the hills?	Most persistent and lowest southwest, varied north/east Shrouding fells toward coast much of day, to some lower elevations, may improve for periods. Often capping tops inland, higher bases northeast Lakes, some breaks away from rain, but rarely above the high tops.
Chance of cloud free summits?	20% southwest, to 40% north/east.
Sunshine? Air clarity (below cloud)	Fairly cloudy, glimpses of sun mostly northeast Lakes. Visibility good below cloud, but misty for a time west/southwest.
How Cold? (at 750m)	13C rising to 16C where not in cloud inland and east afternoon, quite humid. Dropping to 9C onward into night. Feeling like 3 to 8C directly in wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Thursday 30 July	Friday 31 July
How windy? (On the summits)	Southwest then westerly, 20 to 25mph strengthening during morning to reach 30-35mph, stronger gusts afternoon.	Southwesterly 25mph, occasionally 30 to perhaps 35mph on higher fells, gusty in showers.
Effect of wind on you?	Fairly small at first, but increasingly affecting comfortable walking, buffeting gusts in exposure. Marked wind chill.	Starting to affect ease of walking, more strenuous at times on exposed high terrain. Noticeable wind chill.
How wet? (Precipitation and its impact)	Occasional showers Scattered showery rain, briefly may give odd heavy bursts, tending to move away eastward in afternoon. Odd light showers may return from west evening and night.	Showers A scattering of showers passing from west to east throughout the day, may be more frequent for a time. Brief heavier bursts possible, chance of isolated thunder.
Cloud on the hills?	Mostly west, lifting to clear tops Patchy cloud banks over higher fells, most in western areas in the morning, bases tending to rise and break above many tops, odd lowering patches in showers.	Capping tops at times, lifting higher Cloud banks mostly above 600-700m, most widely western Lakeland in morning. Lifting to highest tops or above when dry, some lowering patches around showers.
Chance of cloud free summits?	70%	60%
Sunshine? Air clarity (below cloud)	Fairly cloudy, then sun breaking through more often during afternoon. Visibility reduced in showers, otherwise becoming very good.	Occasional sun breaking through. Visibility mostly very good.
How Cold? (at 750m)	8 to 10C, coolest western tops, slight drop toward evening. Feeling like 0C in exposure to wind.	8C rising to 11C afternoon. Feeling near 0C in the wind on tops.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 30 July, 2026

Cool and showery westerlies late this week and into Saturday, windy over high terrain; western hills often capped in cloud. Rain may encroach from the southwest on Sunday, winds turn southerly and warmer air wafts back across England and Wales at least. A complex area of low pressure is then expected to circulate slowly over Britain early next week, bringing areas of rain and heavy showers, some thundery downpours possible. Winds varying, may strengthen northwesterly by Tuesday to gales. An improving trend into midweek, but showery westerlies likely prevail in Scotland at least. Despite spells of rain, beware ongoing fire management restricting access to some mountains.

Forecast issued at 16:15 on Tuesday, 28 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.