

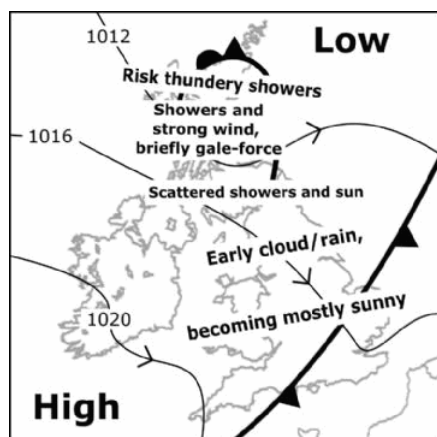
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Thursday, 30 July, 2026



British Mountain Summary:

Based on forecast chart for noon 30 July, 2026

Cool, windy, and showery in Scotland. Gales and heavy showers pass west-to-east across the highlands, showers most frequent with lightning risk north. Starting breezy with rain over the Pennines and Wales, this clearing east for sun, a few odd showers northwest England. Mild-to-warm England and Wales.

Headline for Lake District

Few showers, increasingly sunny; blustery, notably north fells

Detailed Forecast for Thursday, 30 July, 2026

How windy? (On the summits)	Westerly 20-25mph, strengthening somewhat over northern Lakeland, strongest gusts over high tops approaching 40mph for a few afternoon hours.
Effect of wind on you?	Fairly small at first, but increasingly affecting comfortable walking, greatest risk of considerable buffeting and strenuous walking over high northern fells with notable wind chill.
How wet? (Precipitation and its impact)	Occasional showers Scattered or isolated showers only although just at first more widespread rain clearing south lakes.
Cloud on the hills?	Mostly west, lifting to clear summits Patchy cloud banks over higher fells, most in western areas in the morning. Some risk of more extensive cloud to middle slopes just at and before dawn, but bases soon rise, breaking above many tops; odd lowering patches in showers.
Chance of cloud free summits?	Rising to greater than 90% by midday
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, sunnier windows with time; may be cloudier just at dawn. Visibility very good, briefly reduced if showers occur.
How Cold? (at 750m)	8 or 9C, may start slightly warmer just at dawn. Feeling like 0C in exposure to wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 31 July	Saturday 1 August
How windy? (On the summits)	West-southwesterly 20mph, occasionally 25 to perhaps 30mph on high tops, gusty in showers.	Westerly 15-25mph, regularly gusting 30mph over tops.
Effect of wind on you?	Starting to impact ease of walking, gusts affecting stability on high tops and ridges. Noticeable wind chill.	Fairly small, but stability will occasionally be impacted in gusts over high tops.
How wet? (Precipitation and its impact)	Showers A scattering of showers passing from west to east throughout the day, may be more frequent for a time later. Brief heavier bursts possible, chance of isolated thunder.	Scattered showers Showers drift from the west from time to time, eastern fells often dry, though a greater risk of more widespread outbreaks for several afternoon hours.
Cloud on the hills?	Capping tops at times, lifting higher Cloud banks mostly above 600-700m, most widely western Lakeland in morning. Lifting to highest tops or above when dry, some variable lowering patches around showers.	Passing caps over tops Fairly extensive above 600-700m at dawn, lowest bases western fells near and north of Scafell. Cloud lifts, clearing most fells by midday, some caps drift over Scafell Pike, a few ragged patches around showers too.
Chance of cloud free summits?	60%	70%
Sunshine? Air clarity (below cloud)	Occasional sun breaking through. Visibility mostly very good.	Patchwork of cloud and sun. Very good visibility.
How Cold? (at 750m)	8C rising to 10C afternoon. Feeling near 0C in the wind on tops.	7C rising to 10C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 31 July, 2026

Cool and showery westerlies into the weekend, windy over high terrain; western hills often capped in cloud. Southern Pennines and Wales likely see only scattered showers and remain warm. Cloud encroaches from the southwest on Sunday, winds turn southerly and warmer air wafts back across England and Wales. A complex area of low pressure is then expected to circulate slowly over Britain early next week, bringing areas of rain and heavy showers, some thundery downpours possible. Winds varying, trending northerly and strengthening, to gales over high summits on Tuesday. A window of improvement from midweek, which may persist into the weekend, but a showery northwesterly persists in Scotland. Beware ongoing fire management restricting access to some mountains.

Forecast issued at 7:47 on Thursday, 30 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.