

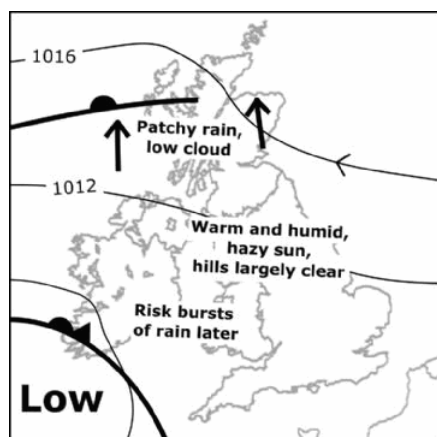
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 3 August, 2026



British Mountain Summary:

Based on forecast chart for noon 3 August, 2026

Some rain drifts north across Scotland, with low cloud banks mostly on south-facing hill groups. A gusty east-southeasterly wind all day England & Wales, and strengthens with time across the Highlands. Humid with warm sun and thin high cloud for England & Wales, later risk of rain in west.

Headline for Lake District

Gusty wind. Largely dry, hazy sun, warm and humid.

Detailed Forecast for Monday, 3 August, 2026

How windy? (On the summits)	East to southeasterly 20 to 25mph, sometimes a gusty 30-35mph in places.
Effect of wind on you?	Blustery, affecting ease of walking on high terrain, sudden gusts (sometimes on lower slopes) making balance tricky.
How wet? (Precipitation and its impact)	Rare if any rain A little rain locally from dawn, soon moving away northward. An odd spot from high cloud, but most or all day then dry. Evening into night, some rain develops from southwest, odd heavy bursts.
Cloud on the hills?	Little if any Some patches on upper slopes at first, soon generally clearing. Patches may drift onto western tops toward dusk, forming further into night.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Some weak sunshine through thin high cloud; beware sunburn. Some haze, although generally very good visibility.
How Cold? (at 750m)	13C, rising to 16C afternoon, humid. Feeling like 3 to 5C in stronger wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 4 August	Wednesday 5 August
How windy? (On the summits) Effect of wind on you?	Between east and southerly 15 or 20mph. Small	Southwest later westerly, speed may vary during day, but mostly in range 25 to 40mph, risk reaching 50mph. Ease of walking affected, at times more strenuous and making balance challenging on ridges. Marked wind chill.
How wet? (Precipitation and its impact)	Occasional rain Areas of rain will tend to move away northwards - perhaps clearing soon after dawn, but in afternoon, risk heavy, possibly thundery showers.	Frequent or persistent rain Showery rain frequent or merging into more constant falls particularly over western Lakeland, but bursts of rain passing eastward. Risk of isolated thunder.
Cloud on the hills? Chance of cloud free summits?	Blanket of, or extensive fog morning, but cloud base likely to rise In morning, expect blanket of fog across higher areas, sometimes as low as 300m. An improvement as cloud base lifts to 500 to 700m, possibly sometimes 900m north lakes - but fog reforming in rain. 20%	Fairly extensive Covering many higher slopes much of the day above 500-700m, lowest and most persistent in southwest and during rain. Some breaks forming where dry in east. 20%
Sunshine? Air clarity (below cloud)	A little sunshine, most likely later in day. Hazy, and visibility poor in rain.	Brief sun breaking through mainly east. A general slight haze, reduced to poor visibility in rain.
How Cold? (at 750m) Freezing Level	13C Above the summits.	10 or 11C, little change all day. Feeling near or below freezing in the stronger wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 4 August, 2026**

Low pressure circulates slowly over Britain into midweek bringing areas of rain and thundery showers widely, accompanied by brisk winds up to gale force for periods. Trending toward westerlies later in the week and next weekend, by then most rain and low cloud in western Scotland, but showery rain elsewhere at times. Generally fresh temperatures widely, often in mid-single figures over Scottish high tops. Despite falls of rain, beware of ongoing fire management restricting access to hills locally.

Forecast issued at 16:00 on Sunday, 2 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.