

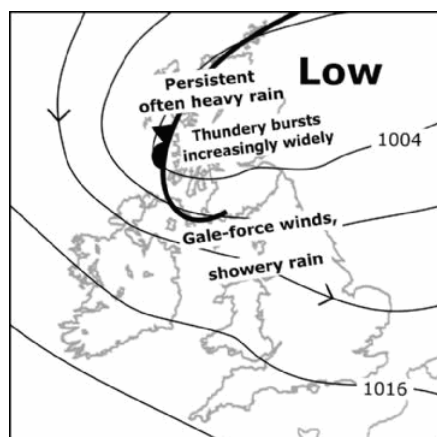
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

General Summary for Wednesday, 5 August, 2026



British Mountain Summary:

Based on forecast chart for noon 5 August, 2026

Increasingly gale-force winds over high terrain in northern England and near west coast of Scotland; wind strengthening widely over the Highlands. Areas of persistent rain and heavy downpours becoming widespread for the Highlands, local thunderstorms. Frequent rain for northern England, less for Wales.

Headline for Lake District

Gales strengthen, powerful gusts. Often raining, showery.

Detailed Forecast for Wednesday, 5 August, 2026

How windy? (On the summits)	Southwest later westerly, strengthening 30 to 40mph during the morning, reaching 50mph by middle of day into afternoon and onward, stronger gusts over 60mph around higher fells; slowly moderating into the night to 30mph.
Effect of wind on you?	Worsening conditions, strenuous walking, becoming challenging then increasingly difficult mobility on high terrain into afternoon, gusts could knock you over. Considerable wind chill.
How wet? (Precipitation and its impact)	Frequent or persistent rain, chance of lightning Showery rain frequent or merging into more constant falls particularly over west and southern Lakeland, but bursts of rain passing eastward to all areas, most often middle of day into afternoon. Risk of isolated thunder.
Cloud on the hills?	Fairly extensive Covering many higher slopes much of the day above 500-700m, lowest and most persistent in southwest and during rain. Some breaks forming where dry in east.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Brief sun breaking through mainly east. A general slight haze, reduced to poor visibility in rain.
How Cold? (at 750m)	9 or 10C, little change all day. Feeling near or below freezing in the stronger wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Thursday 6 August	Friday 7 August
How windy? (On the summits)	Northwest then westerly 20 to 25mph, at times 30mph higher fells mainly early morning.	West-southwesterly 15-20mph.
Effect of wind on you?	Breezy over high terrain, starting to affect comfortable walking and balance on exposed ridges. Feeling noticeably cool.	Mostly small.
How wet? (Precipitation and its impact)	Early showers fade Showers from dawn into early morning, tending to fade to be often dry, rare light showers into middle of day onward. Patchy rain may develop from west onward into night.	Drizzly rain fades At dawn, drizzle over high terrain of south and west Lakes, some patchy rain drifting onto the fells as well, which may spread more widely for a few early hours. An easing trend, substantially dry afternoon.
Cloud on the hills?	Lifting and breaking above tops Cloud banks above 700-800m in the morning, most common west Lakeland. Lifting to higher tops then largely clearing the fells, odd patches on highest summits.	Fairly extensive early, lifting to summits All high terrain shrouded at dawn with cloud bases to middle slopes, most extensive south and west Lakes. Bases will rise, breaks increasingly above high eastern tops; banks will cling to highest summits, only brief breaks.
Chance of cloud free summits?	70%	40%
Sunshine? Air clarity (below cloud)	Occasional sun breaking through. Visibility very good.	Sunshine increasingly breaking out but patchy cloud stays around. Visibility becomes very good.
How Cold? (at 750m)	7C rising to 10C afternoon. Feeling near to freezing if exposed to stronger wind on tops.	9 or 10C, may rise slightly east fells.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 6 August, 2026

West to southwesterly winds prevail later this week and into the weekend and further weather fronts will come in off the Atlantic to bring low cloud and rain especially to western mountains in Scotland. A brief ridge of high pressure this Thursday offers a better day with the wind lessening for a time and fewer showers, but winds likely strengthen again by Friday, toward gale force over northwestern Scottish mountains at least. Heavy rain likely affects western Scotland on Saturday, becoming widely showery into Sunday. A brief window of improvement is indicated early next week, but a generally unsettled theme likely continues into mid-month.

Forecast issued at 16:00 on Tuesday, 4 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.