

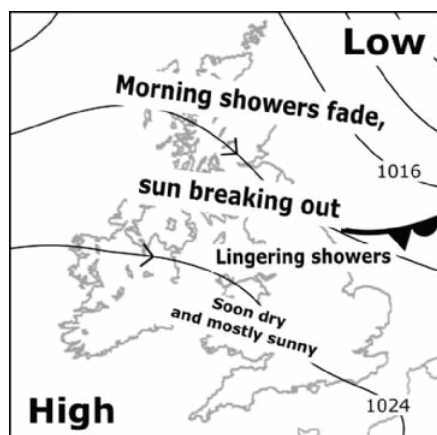
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 6 August, 2026



British Mountain Summary:

Based on forecast chart for noon 6 August, 2026

Blustery with showers into Scotland and northern England in the morning; wind and rain easing, sun breaking out with time, mild high temperatures. Risk more frequent showers and strong wind in the Peak District through morning, improving afternoon. Rare early showers in Wales, cloud clearing most hills.

Headline for Lake District

Windy early, easing; showers mostly fade, sun breaks

Detailed Forecast for Thursday, 6 August, 2026

How windy? (On the summits)	Northwesterly 30-40mph at dawn, soon easing and shifting westerly, settling around 15-25mph, strongest speeds on southern fells.
Effect of wind on you?	Breezy over high terrain, starting to affect comfortable walking and balance on exposed ridges, particularly early when walking will be strenuous with notable wind chill.
How wet? (Precipitation and its impact)	Early showers fade Showers from dawn into early morning, some drizzle on the high tops, tending to fade to only rare light showers from midday onward, most fells dry.
Cloud on the hills?	Lifting to high summits, breaks off tops Hills shrouded above 600-700m at dawn, varied lower bases where showers occur (mostly west and south fells), but soon lifting as the morning goes and showers fade, to just passing caps over high summits.
Chance of cloud free summits?	Rising to 70%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, longer periods of sun later in the day though some thin high cloud approaching from the west. Visibility excellent.
How Cold? (at 750m)	7C rising to 9 or 10C afternoon. Feeling near to freezing if exposed to stronger wind on tops.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 7 August	Saturday 8 August
How windy? (On the summits) Effect of wind on you?	West-southwesterly 15-25mph. Fairly small.	Southwesterly 25-30mph, gusty over tops, often approaching 40mph+. Strengthening trend towards sustained 35mph. Fairly small in places, but considerable buffeting in gusts over tops, trending towards widely strenuous conditions.
How wet? (Precipitation and its impact)	Drizzly rain fades At dawn, drizzle over high terrain of south and west Lakes, some patchy rain drifting onto the fells as well, which may spread more widely for a few early hours. An easing trend, substantially dry afternoon.	Patchy rain increasingly frequent Occasional patches of rain drifting northeastward across the fells through morning, many hills stay dry, but a rising risk of more frequent rain though afternoon, which may set in persistently later with heavy falls.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive early, lifting to summits All high terrain shrouded at dawn with cloud bases to middle slopes, most extensive south and west Lakes. Bases will rise, breaks increasingly above high eastern tops; banks will cling to highest summits, only brief breaks. 40%	Early breaks, increasing cloud afternoon Varied cloud over high terrain in the morning, lifting, clear windows on summits between patches of rain. Through afternoon, banks more often shrouding tops, and lowering as rain arrives, may become fairly extensive late in the day, notably west fells. 50%, lowering to 20%
Sunshine? Air clarity (below cloud)	Sunshine increasingly breaking out but patchy cloud stays around. Visibility becomes very good.	Patchy sunshine with very good visibility, gradually becoming overcast; moments of poor visibility in cloud and rain increasingly frequent.
How Cold? (at 750m) Freezing Level	9 or 10C, may rise slightly east fells. Above the summits.	10 to 12C, staying elevated into evening; humid. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 7 August, 2026

Westerly winds prevail into the weekend and further weather fronts will come in off the Atlantic, bringing rain and low cloud to most mountains. Saturday into Sunday in particular will see extensive cloud and heavy rain across Scotland with strong wind, bands of rain passing to the south and east into England and Wales. A ridge of high pressure returns early next week for warmer temperatures and clearer hills, though western Scotland likely remains fairly cloudy with some drizzle on the high tops. Following this high pressure, west-southwesterly flow returns and a series of low pressure systems will pass west-to-east across the British Isles with periods of strong wind (sometimes gale-force), rain, and low cloud, western hill groups away most affected. Unsettled conditions likely persist into next weekend.

Forecast issued at 15:58 on Wednesday, 5 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.