

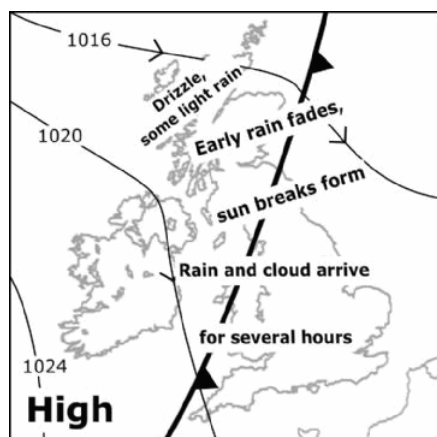
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 14 August, 2026



British Mountain Summary:

Based on forecast chart for noon 14 August, 2026

A band of rain over central Scotland in the morning sweeps into England and Wales; some heavy bursts with extensive cloud. Rain eases afternoon, to patches over Wales and the Peak District. Drizzle and light rain follows in west Scotland, little reaching eastward where high cloud breaks form.

Headline for Lake District

Early rain and cloud, becoming largely dry with sun breaks

Detailed Forecast for Friday, 14 August, 2026

How windy? (On the summits)	Westerly 10-20mph, shifting northwesterly with time; speeds will vary through the day.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Frequent rain early, spotty rain follows In the morning, heavy bursts of rain affect many fells for a time, but this fading for well-scattered spots of light rain, perhaps by noon; many fells stay dry all afternoon.
Cloud on the hills?	Fairly extensive morning, breaks forming afternoon Cloud soon extensive to at least middle slopes widely during morning rain with patches to lower slopes. Bases will begin lifting, breaks increasingly forming as the day goes, best near and east of Ambleside; high tops may struggle to clear until late in the day.
Chance of cloud free summits?	20%, rising to 50% later
Sunshine? Air clarity (below cloud)	Mostly cloudy, dull periods with poor visibility in the morning; sun increasingly breaks out, best east. Later, as cloud breaks, visibility becomes very good.
How Cold? (at 750m)	17C at dawn, lowering through the day, most notably afternoon, finishing near 12C and further lowering into and overnight.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 15 August	Sunday 16 August
How windy? (On the summits) Effect of wind on you?	Northwesterly 15-20mph, strongest speeds in the morning with notable gusts to 30-35mph over tops and high passes. Blustery on high terrain in the morning, strongest gusts affecting balance, but soon fairly small.	Generally northwesterly but variable, 10-15mph, may well ease with varied direction. Mostly small.
How wet? (Precipitation and its impact)	Likely dry Chance of a few odd sprinkles drifting from the northwest, but more likely entirely dry.	A little rain on and off Areas of rain drifting from the west from time to time, generally light in nature with plenty of dry windows too; small risk of a heavier fall.
Cloud on the hills? Chance of cloud free summits?	Lifting to summits with breaks May well be fairly extensive in the early morning, particularly from Scafell to Skiddaw. Cloud soon begins lifting and breaking, most cloud above summits through afternoon, though caps may drift over highest summits from time to time. 70%	Clinging to northwest tops Varied patchy cloud in the morning, this lifting towards high terrain and dissipating in many regions for clear windows on summits. The Pillar-to-Skiddaw region will tend to hold more cloud on the summits, and some risk a more extensive layer where rain occurs. 50%
Sunshine? Air clarity (below cloud)	Often sunny, some patchy cloud forming with time. Very good visibility.	Bursts of sun, may cloud over for periods. Very good visibility.
How Cold? (at 750m) Freezing Level	8C rising to 12C. Above the summits.	9 or 10C, only locally rising towards 11C. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 15 August, 2026

Though the weekend, high pressure is never far away to the southwest, keeping conditions generally drier and brighter across England and Wales, though a northwesterly flow will bring some cloud to western hills. Scotland is more often cloudy with patchy rain, mostly north and west, and a rising risk of cloud and some bursts of rain more widely into Sunday with fresher air. Windier and wetter conditions are indicated next week, though day-by-day detail is currently uncertain. Monday sees a rising risk of strengthening wind and rain, at least in northern areas, then a blustery northwesterly wind draws fresher air and showers more widely through midweek; some drier, brighter windows to the east. Staying mixed into next weekend.

Forecast issued at 16:08 on Thursday, 13 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.