

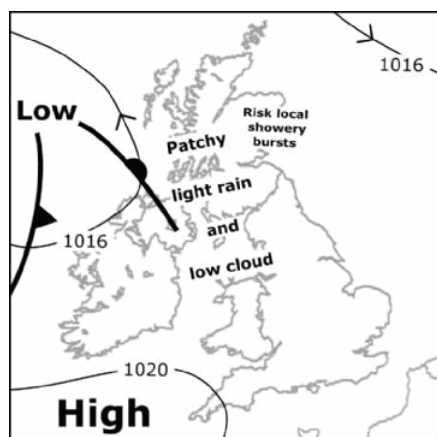
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Sunday, 16 August, 2026



British Mountain Summary:

Based on forecast chart for noon 16 August, 2026

Mostly light rain and drizzle will drift in from the west, some western hills often damp throughout the day and shrouded in cloud. Rain patchier northeastward across the Highlands, but a risk of local bursts of rain forming in the afternoon. Mid & south Wales largely dry. Generally light winds.

Headline for Lake District

Damp, occasional rain, cloud lowest west.

Detailed Forecast for Sunday, 16 August, 2026

How windy? (On the summits)	Westerly 10 to 15mph, occasionally 20mph.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	A little rain on and off Drizzle or light rain drifting from the west from time to time, most common in west and north Lakes. Periods where more generally damp over a couple of hours, some steady rain possible. Drier windows best in east.
Cloud on the hills?	Most persistent western tops Covering much high terrain above 700-800m in the morning, though higher toward east. Some breaks may form at times, but high tops more often staying shrouded in west & northwest. Late in day, cloud base lowers further in west.
Chance of cloud free summits?	30% west & north, to 60% east.
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of weak sun mostly east Lakes. Very good visibility below cloud and away from rain.
How Cold? (at 750m)	9 or 10C, only locally rising towards 11C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 17 August	Tuesday 18 August
How windy? (On the summits)	Southwesterly, strengthening from 15mph in morning, toward 30mph later afternoon, then 40mph dusk onward.	Westerly 20 to 30mph.
Effect of wind on you?	Fairly small, but starting to affect comfortable walking during afternoon, later risk becoming more challenging.	Affecting comfortable walking on higher terrain, at times more strenuous in exposure. Marked wind chill.
How wet? (Precipitation and its impact)	Patchy rain becoming persistent Spots of light rain develop from west in morning, but several hours largely dry. Steadier rain and drizzle into afternoon, particularly western areas, patchier east. Heavier falls of rain evening into night.	A few showers Heavy overnight rain clears around dawn, leaving occasional showers during the day.
Cloud on the hills?	Fairly persistent higher areas Covering many higher fells all day, particularly western areas, bases 600 to 800m, but lowering further in steadier rain to blanket hills. Some breaks occasionally toward east and northeast Lakes.	Rising, but may linger high tops Fairly extensive above 600-800m in the morning, tending to rise but still often capping higher western tops in afternoon.
Chance of cloud free summits?	20%	40%
Sunshine? Air clarity (below cloud)	Some weak sun through high cloud, often overcast. Very good visibility, reducing as rain develops.	Fairly cloudy with occasional sun. Visibility very good, briefly reduced in showers.
How Cold? (at 750m)	10 to 12C. As wind increases, later feeling like 5C, risk cooler by evening on tops.	Around 10C, trending cooler later in day. Feeling like 2 to 4C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 17 August, 2026

Low pressure initially to the north of Scotland early in the new week will eventually envelop the whole of Britain next week bringing generally unsettled and cooler conditions increasingly widely. Often blustery widely, west turning northerly winds later in week - becoming notably chilly over higher mountains. Rain extends into Scotland on Monday, turning heavy, then moves south over England and Wales by Monday night into early Tuesday . The rest of the week sees showery rain common for all areas, the rain most persistent in western Scotland, but heavier showery bursts and thundery downpours become widespread mid to late week.

Forecast issued at 16:00 on Saturday, 15 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.