

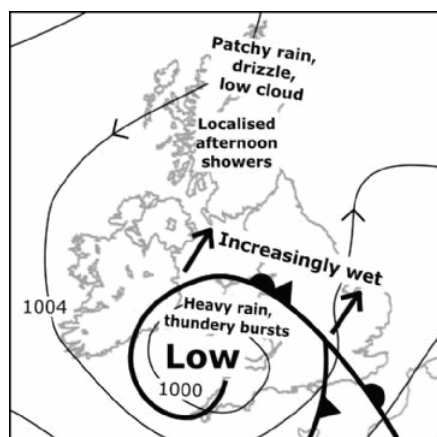
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 29 August, 2026



British Mountain Summary:

Based on forecast chart for noon 29 August, 2026

Northerly winds bring cloud and some light rain to northern Scotland, but winds fall light for much of the Highlands - varied low cloud banks tend to rise, isolated showers possible afternoon. Rain for Wales from early morning, extending further north over England during the day, often heavy, risk thunder.

Headline for Lake District

Varied low cloud, heavy rain into afternoon. Light wind.

Detailed Forecast for Saturday, 29 August, 2026

How windy? (On the summits) Effect of wind on you?	Westerly 15-20mph around dawn, soon 10mph or less, turning southerly into middle of day, then variable afternoon and mostly low speeds 5-10mph, odd gusts around showers. By evening north-northwesterly 10-15mph at times. Mostly small.
How wet? (Precipitation and its impact)	Rain develops, heavy bursts set in from south Pockets of drizzle, but a few hours in the morning largely dry, for longest in the north. Rain tends to develop from the south to become more frequent, setting in to be often raining widely into afternoon, heavier bursts with chance isolated thunder and lightning. Northern areas possibly escape drier. Showery rain onward into night.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive, lowest most often in south Blanket cloud shrouds the fells from middle slopes up most of the day, a brief window of higher bases in the morning but rare breaks above 700m, best chance northeast fells. Patches regularly forming to lower slopes in rain. 10%, to 40% northeast in morning.
Sunshine? Air clarity (below cloud)	Rare glimpses of sun mainly northeast areas in morning, becoming widely overcast, dull on high terrain with poor visibility in rain.
How Cold? (at 750m) Freezing Level	11 or 12C, little change all day. Above the summits.

Lake District - Looking Ahead

	Sunday 30 August	Monday 31 August
How windy? (On the summits)	South-southwesterly 10-20mph, increasing gusts to 30mph, speeds generally stronger afternoon.	Westerly increasing 20-30mph, risk 40mph during afternoon.
Effect of wind on you?	Often small in morning, but sudden strong gusts develop in showers, becoming more noticeably blustery.	Blustery over fells, making walking uncomfortable on exposed high terrain, tending to worsen; feeling rather cool.
How wet? (Precipitation and its impact)	Often raining, heavy bursts form Drizzly rain in the morning, mostly in the west. Rain tending to increase in frequency and intensity as the day goes, heavy bursts setting in frequently later, risk hail and thunder developing.	Rain on and off, fading later Showery rain frequent for several hours, some heavier moments mixed in, then tending to improve from the west to fewer showers during the afternoon. Patchy rain returns from west into night.
Cloud on the hills?	Fairly extensive, brief improvement High terrain starts in cloud, varied lower patches, with ragged patches down to valley level on western fells. Bases will lift, a brief period of breaks approaching summit height, but increasingly filling in again as rain increases.	Lowest morning, rising higher up Fairly extensive across the fells in the morning, to lower elevations for a time especially west. The base rising toward upper slopes, some breaks form afternoon.
Chance of cloud free summits?	Rising to 40%	20% rising to 50%
Sunshine? Air clarity (below cloud)	Some patchy sun, best east fells where visibility will be good, but becoming overcast with deteriorating visibility.	Largely cloudy, rare glimpses of sun, then sun developing near coast and extending inland late afternoon. Visibility good away from showers, some haze in west.
How Cold? (at 750m)	10C rising to 12C. Feeling like 3 to 5C as wind increases.	9C, little change then slightly cooler later. Feeling near to freezing as wind increases.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 30 August, 2026

A generally unsettled outlook through the extended weekend and into the start of September with frequent rain and strong winds. Areas of low pressure and frontal systems move in from the Atlantic . Dropping cooler, notably chilly over Scottish mountains into Tuesday, close to freezing point on highest summits with significant wind chill in strong westerlies. A brief window of better conditions into Wednesday soon deteriorates from the west as southwesterly winds strengthen , reaching gale force over the mountains frequently in the second half of the week. Heavy rain most prolonged in the west where increasingly wet underfoot. Likely staying unsettled into next weekend and the following week.

Forecast issued at 16:29 on Friday, 28 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.