

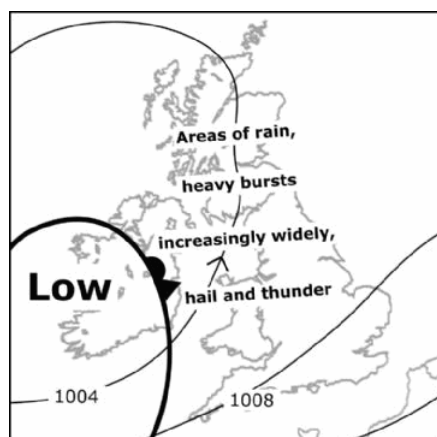
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 30 August, 2026



British Mountain Summary:

Based on forecast chart for noon 30 August, 2026

Areas of rain and low cloud around many mountains. Some drier periods in the morning, but into afternoon increasingly widespread heavy downpours and thunderstorms develop. Fairly light winds for much of the Highlands, becoming breezier England, stronger winds on Welsh mountains.

Headline for Lake District

Rain and increasingly thundery bursts, low cloud. Wind increasing.

Detailed Forecast for Sunday, 30 August, 2026

How windy? (On the summits)	South-southwesterly 15 to 25mph, tending to rise into the afternoon, strongest soonest toward Scafell group; gusts over 30mph at times.
Effect of wind on you?	Often small in morning, becoming more noticeably blustery, sudden strong gusts develop around showers.
How wet? (Precipitation and its impact)	Frequent rain, heavy downpours form; risk of lightning Areas of rain and drizzle in the morning, some locally heavier falls. Developing into widely heavy bursts of rain from the southwest by middle of day into afternoon with risk of hail and thunder.
Cloud on the hills?	Fairly extensive, brief improvement High terrain starts in cloud, varied lower patches, with ragged patches down to valley level on western fells. Bases will lift, a brief period of breaks approaching summit height, but increasingly filling in again as rain increases.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Some patchy sun, best northeast fells in morning where visibility will be good, but becoming overcast with deteriorating visibility.
How Cold? (at 750m)	10C rising to 12C away from showers. Feeling like 3 to 5C as wind increases.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 31 August, 2026

Forecast issued at 16:30 on Saturday, 29 August, 2026

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