

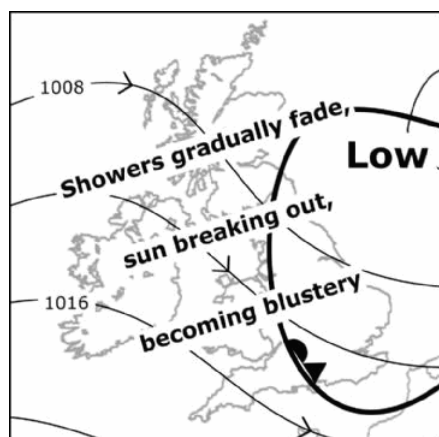
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 31 August, 2026



British Mountain Summary:

Based on forecast chart for noon 31 August, 2026

Showers scattered across most hills through morning, locally clustering for frequent falls with heavy bursts. Showers gradually clear eastward, spotty light rain fades out with time as sunny bursts break out (though weakened by high cloud). Cool-to-mild, but feeling chilly in a strengthening wind.

Headline for Lake District

Showery morning, fading afternoon; becoming windy

Detailed Forecast for Monday, 31 August, 2026

How windy? (On the summits)	Northwesterly increasing from 20-25mph early in day to 30-35mph midday into afternoon and orienting westerly; gusts approach 40mph during afternoon.
Effect of wind on you?	Blustery over fells, impeding walking on exposed high terrain, tending to worsen with strongest gusts affecting balance; notable wind chill.
How wet? (Precipitation and its impact)	Rain on and off, fading Showery rain frequent for several hours, some heavier moments mixed in, then tending to improve from the west to fewer showers during the afternoon, largely dry by evening. Patchy rain returns from west overnight.
Cloud on the hills?	Lowest morning, rising higher up, many summits clearing Fairly extensive across the fells in the morning, to lower elevations for a time especially west. The base rising toward upper slopes, increasingly breaking above the fells afternoon. Highest summits may only see brief breaks.
Chance of cloud free summits?	20% rising to 50%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun break out, then sun developing near coast and extending inland late afternoon. Thin high cloud will build from the west. Visibility good away from showers, some haze in west.
How Cold? (at 750m)	8 or 9C, may briefly rise a degree but trending lower with time. Feeling near to freezing as wind increases.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 1 September	Wednesday 2 September
How windy? (On the summits) Effect of wind on you?	Westerly 25 to 35mph, may strengthen somewhat, peak gusts approaching 45mph. Strenuous walking conditions over the fells, momentarily more arduous. Marked wind chill where exposed on high terrain.	Southwesterly 25-35mph, gusty, and strengthening for a time with tops speeds to 40-45mph. Ease of walking impacted, buffeting gusts impacting stability and more strenuous conditions for a time; feeling chilly.
How wet? (Precipitation and its impact)	Rain or drizzle much of day Drizzly much of the day, particularly west Lakeland, with patchy rain coming and going, most steady falls on western fells, and perhaps more widely with time.	Often raining Showery rain drifts across the fells all day, most persistent falls west with heavy bursts, and likely setting in for a few hours. May break up somewhat late in the day, but staying damp on high terrain.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive higher areas Shrouding most higher fells all day, fairly persistent in west above 600-800m. Higher bases and some breaks above 800m east and northeast Lakeland, but cloud tending to fill in here as afternoon goes. 20%	Extensive Blanket cloud unlikely breaks above 600-700m, best chance early and late in the day towards eastern fells. Cloud often lowering, and may well be shrouded to low western slopes much of the day, patches into valleys during heaviest rain. 10%
Sunshine? Air clarity (below cloud)	Generally cloudy. Visibility reduced in rain, better if drier, more often east.	Overcast, dull on high terrain with poor visibility all day.
How Cold? (at 750m) Freezing Level	9 or 10C, little change all day. Feeling around 0C in the wind on tops. Above the summits.	10C rising to 13C, staying elevated into night. Feeling like 2 to 4C in strongest wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 1 September, 2026**

A generally unsettled outlook during the first two weeks of September with frequent rain and strong winds. Low pressure dominates and a series of frontal systems move in from the Atlantic. West to southwesterlies, often gale force over the mountains in the second half of this coming week. Heavy rain most prolonged in the west where increasingly wet underfoot, streams rising to be in spate. Low cloud often covering the hills, rarely clearing western summits. Temperatures varying, some notably cooler days for Scotland, at times more humid air mainly toward the south. A few brighter windows will break out, mostly south and eastern areas, but always brief and any detail on timing remains uncertain.

Forecast issued at 16:32 on Sunday, 30 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.