

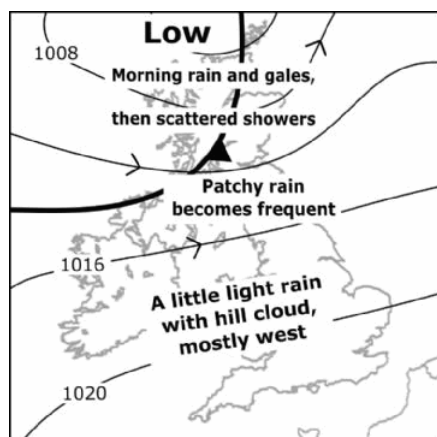
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 1 September, 2026



British Mountain Summary:

Based on forecast chart for noon 1 September, 2026

A swathe of rain and gales sweeps across the Scottish Highlands, moving over the Southern Uplands with time; bright sun breaks and scattered showers follow from the northwest. Patchy rain for western hills of England and Wales, sunny breaks east. Blustery with rain increasing later in north England.

Headline for Lake District

Wind strengthens, gale-force gusts later; drizzle and patchy rain

Detailed Forecast for Tuesday, 1 September, 2026

How windy? (On the summits)	Westerly 25 to 30mph, gradually strengthening with sustained speeds approaching 35-40mph, strongest gusts up to 50mph in exposure.
Effect of wind on you?	Comfort of walking affected from dawn, becoming strenuous and later arduous with strongest gusts challenging stability in exposure; significant wind chill.
How wet? (Precipitation and its impact)	Rain or drizzle much of day Drizzly much of the day, particularly west Lakeland, with patchy rain coming and going, steadiest falls on western fells. Patches increase in frequency and spread more widely afternoon into evening.
Cloud on the hills?	Fairly extensive higher areas Shrouding most higher fells all day, fairly persistent in west above 600-800m. Higher bases and some breaks above 800m east and northeast Lakeland, but cloud tending to fill in here as afternoon goes.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Generally cloudy, a few bright glimpses in the east. Visibility reduced in rain, better where drier, more often east, but generally deteriorating.
How Cold? (at 750m)	9C rising to 11C. Feeling around 0C in strongest wind later in the day.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 2 September	Thursday 3 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 20-25mph, gusty, and strengthening with time, top speeds approaching 40-45mph in exposure. Ease of walking impacted, buffeting gusts affect stability and more strenuous conditions in exposure; feeling chilly.	Southwesterly 25-40mph, variable, and may ease for a time, but a swathe of stronger wind returns late/into night. Walking impeded, strenuous moments with notable wind chill; brief improvement, but deteriorating late/into night.
How wet? (Precipitation and its impact)	Often raining Showery rain drifts across the fells all day, most persistent falls to the west with heavy bursts, and likely setting in for several hours. May break up somewhat late in the day, but staying damp on high terrain.	Patchy rain, setting in later Patchy rain drifts from the west much of the day, some early drizzle on high terrain. Falls generally light, and best of dry windows on east fells. Later, rain sets in persistently and heavy, notably into night.
Cloud on the hills? Chance of cloud free summits?	Extensive Blanket cloud unlikely breaks above 600m, best chance early and late in the day towards eastern fells. Cloud often lowering, and may well be shrouded to low western slopes much of the day, patches into valleys during heaviest rain. 10%	Fairly extensive, locally improving Extensive to start, to middle slopes widely and low slopes to the west. Bases will lift, best near and north of Helvellyn, a rising chance of breaks to tops here. Staying fairly extensive south and west Lakeland, and may more widely fill in later. 30%
Sunshine? Air clarity (below cloud)	Overcast, dull on high terrain with poor visibility all day.	A few bright glimpses on northeastern fells, but more often cloudy. Good visibility if out of cloud, some haze towards coasts.
How Cold? (at 750m) Freezing Level	10C rising to 13C, staying elevated into night. Feeling like 2 to 4C in strongest wind. Above the summits.	10 or 11C. Feeling just above freezing in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 2 September, 2026

Strong wind (often gale force on high mountains), patchy rain, and some broader swathes of rain and wind will affect the country from mid-week into the weekend; most notable areas of rain on Wednesday and late Thursday overnight into Friday. A few bright glimpses here and there, but many high summits stay shrouded, particularly western hill groups where cloud will often reach lower slopes. A brief bright window for some on Saturday, but staying windy with scattered showers in northwest areas, rain returning later and into Sunday.

The next week remains generally unsettled, and may well bring a deep low pressure systems with widespread gales and swathes of heavy rain. Beyond next week, indications of a more settled regime for a time.

Forecast issued at 16:27 on Monday, 31 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.