

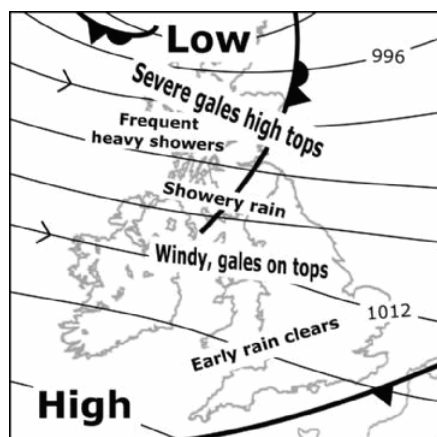
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistoun.



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General Summary for Friday, 4 September, 2026



British Mountain Summary:

Based on forecast chart for noon 4 September, 2026

Gales over high terrain in all areas, severe on higher mountains making progress very challenging and feeling cold. Showery rain, most frequent in western Scotland, scattered heavy bursts passing eastward. Remnants of overnight rain soon clears from Wales to be more often dry, less windy southwards.

Headline for Lake District

Gales over the fells. Showery rain at times.

Detailed Forecast for Friday, 4 September, 2026

How windy? (On the summits)	West-southwesterly; 35 to 50mph, speeds tending to rise, stronger gusts to 60mph higher fells, more often afternoon.
Effect of wind on you?	Arduous walking conditions, frequent buffeting knocking you off balance on exposed terrain, often more challenging mobility on tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain on and off, showers Overnight heavy rain clears southward before dawn, leaving it very wet underfoot and streams in spate. Patchy rain and drizzle likely to come and go all day, most frequent in western Lakes, plus some more frequent showery falls over an hour so into middle of day especially north Lakes.
Cloud on the hills?	Varying over tops Cloud banks often caps higher fells particularly in western areas above 700-800m, some higher bases afternoon, but varying around rain, locally filling in again.
Chance of cloud free summits?	30% west, to 60% east.
Sunshine? Air clarity (below cloud)	Fairly cloudy, glimpses of sun mostly east. Visibility often good, but reduced at times in rain, mostly in west.
How Cold? (at 750m)	8 or 9C, little change all day. Directly in wind feeling like -3C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 5 September	Sunday 6 September
How windy? (On the summits)	Westerly 30mph at dawn, easing during morning, to 15-20mph afternoon, turning SW'ly; rising dusk onward to 40-50mph.	South to southwesterly 40 to 55mph, very gusty in places, including downslope north of major summits.
Effect of wind on you?	Blustery and chilly start, lessening to be fairly small. Then deteriorating late in day onward into night.	Frequent buffeting across the hills, walking and balance difficult in places. Feeling cool in exposure despite warm air.
How wet? (Precipitation and its impact)	Some light showers Brief light showers mainly western fells early in the day, fading out. Evening onward, risk of some rain extending in from the southwest.	A little rain Drizzle and some light rain for periods mainly southwest fells.
Cloud on the hills?	Mostly clearing Patchy cloud over some slopes above 700m early morning, mainly west Lakes. Lifting above 900m by late morning and often clear of all tops afternoon.	Often covering southwestern slopes Varied low cloud, but may cover areas near Irish Sea all day, but bases higher inland north and eastward with breaks.
Chance of cloud free summits?	70%	40%
Sunshine? Air clarity (below cloud)	Glimpses of sun in morning; high cloud tending to thicken afternoon. Visibility very good.	Glimpses of weak sun mainly north Lakes. Hazy.
How Cold? (at 750m)	8C rising to 11C afternoon, little change or rising a degree or so higher evening/night.	12C, humid all day, rising on some slopes to 16C.
Freezing Level	Above the summits.	Feeling like 5 to 8C directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 5 September, 2026

Generally unsettled through the next week with spells of rain and showers moving in from the Atlantic, accompanied by frequently strong to gale force mountain winds. A window of better weather and less wind on Saturday, but further rain moves into Scotland from the southwest by Saturday night into Sunday, heaviest northwest Highlands; gales also return to many mountains by Sunday. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times next week bringing higher Scottish tops occasionally close to freezing point. Indications favour improving weather patterns during mid-month.

Forecast issued at 16:30 on Thursday, 3 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.