

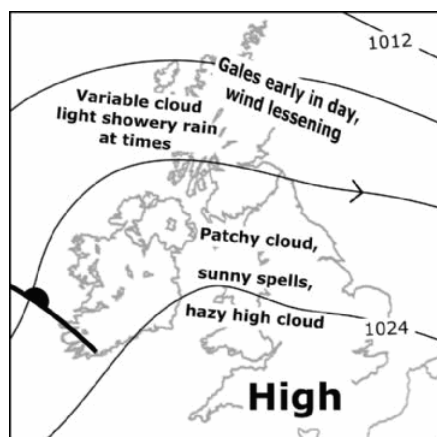
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Saturday, 5 September, 2026



British Mountain Summary:

Based on forecast chart for noon 5 September, 2026

Brisk and chilly westerly winds in the morning, starting gale-force on high tops in Scotland, but lowering speeds. A little light rain, brief showers mainly western Scotland with varied cloud on tops. Often dry with cloud breaks to tops for eastern Highlands, England and Wales, some sun and hazy high cloud.

Headline for Lake District

Windy start, lessening; brief light showers, cloud lifting.

Detailed Forecast for Saturday, 5 September, 2026

How windy? (On the summits) Effect of wind on you?	Westerly 30-35mph at dawn-early morning, briefly gusts over 40mph just at first. Easing during morning, to 20-25mph by midday, 15-20mph afternoon, turning southwesterly. Rising dusk onward, reaching 40mph some high tops into night. Blustery and chilly start, affecting comfortable walking in exposure for a few hours, lessening to be fairly small into afternoon. Some deterioration into night.
How wet? (Precipitation and its impact)	Some light showers Brief light showers mainly western fells early in the day, fading out. Dusk into night, some light rain extending in from the southwest.
Cloud on the hills? Chance of cloud free summits?	Mostly clearing Patchy cloud over some slopes above 700m early morning, mainly west Lakes. Lifting above 900m by late morning and often clear of all tops afternoon. 70%
Sunshine? Air clarity (below cloud)	Glimpses of sun in morning; high cloud tending to thicken afternoon. Visibility very good.
How Cold? (at 750m) Freezing Level	8C rising to 11C afternoon, little change or rising a degree or so higher evening/night. Feeling near/below 0C in wind at first. Above the summits.

All mountain areas of Britain from Sunday, 6 September, 2026

Generally unsettled onward into next week with spells of rain and showers moving in from the Atlantic , accompanied by frequently strong to gale force mountain winds. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times bringing higher Scottish tops occasionally close to freezing point. Indications favour improving weather patterns during mid-month as high pressure builds from the south.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.