

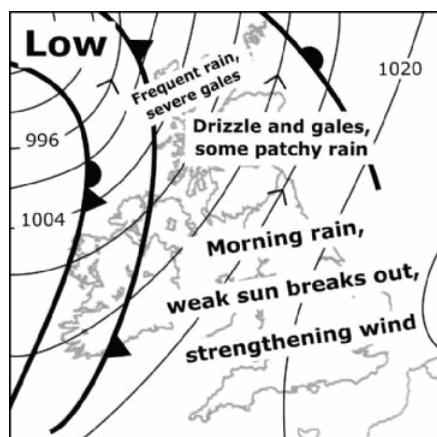
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 6 September, 2026



British Mountain Summary:

Based on forecast chart for noon 6 September, 2026

Gales spread widely across Scotland, severe over high north and west tops. Drizzle over the Highlands, rainy early and late, wettest Northwest Highlands. Early showery rain over Wales passes into England, clearing northeast for sun through high cloud afternoon; windy here too. Warm, but feeling chilly in wind.

Headline for Lake District

Wind strengthens to gales; drizzly rain fades to decent sun

Detailed Forecast for Sunday, 6 September, 2026

How windy? (On the summits)	South to southwesterly 30-35mph to start, soon strengthening, reaching 40-50mph with notable gusts over high passes and summits.
Effect of wind on you?	Frequent buffeting across the hills, walking and balance becoming difficult in places, not just on high tops. Feeling cool in exposure despite warm air.
How wet? (Precipitation and its impact)	A little rain, mostly early Drizzle and some light rain for periods mainly southwest fells in the morning, a little lingering damp on high tops but the afternoon will be largely dry. A band of more frequent rain spreads from the west from dusk into night.
Cloud on the hills?	Fairly extensive, mostly breaking up Varied low cloud, fairly extensive to start but increasingly breaking up, soonest to the north and east; cloud may cover areas near Irish Sea well into the day, but a clear windows breaks out afternoon where most hills may be clear for a few hours. Cloud will return from the west late in the day.
Chance of cloud free summits?	20%, rising to 60%
Sunshine? Air clarity (below cloud)	Sun increasingly breaking out, often sunny afternoon but weakened by high cloud. Generally good visibility but hazy view towards the Irish Sea.
How Cold? (at 750m)	12C, humid all day, rising on some slopes to 14 or 15C. Feeling like 5 to 8C directly in the wind.
Freezing Level	Above the summits.

	Monday 7 September	Tuesday 8 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 20-30mph, trending stronger, and suddenly strengthening later, top speeds to 55-60mph into night. Strenuous walking, tending to deteriorate, suddenly more challenging in exposure with considerable wind chill.	Westerly 40-50mph, gusting stronger over tops at times, and gradually trending northwesterly. Arduous walking in exposure all day, strongest gusts constantly challenging balance; significant wind chill.
How wet? (Precipitation and its impact)	Early rain, then showery Rain from overnight may continue through dawn, but soon breaking up to leave only spotty showers for a time. With time, more frequent showery rain returns.	Showers, some steadier falls Showers drift onto most fells from the northwest all day, some heavy bursts and showers occasionally merging into prolonged falls.
Cloud on the hills? Chance of cloud free summits?	Lifting to tops, some breaks Early varied cloud over the hills, lifting during morning to mostly patches over higher tops, breaks best north/eastward, more frequent above 700-800m west Lakes. Lowering patches in showers. 40%	Variable, mostly high terrain High summits often covered by a bank of cloud, may occasional break above summits, but also filling in more widely over high terrain during showers, towards middle slopes from Scafell to Skiddaw. A broader area of cloud will arrive later. 30%
Sunshine? Air clarity (below cloud)	Glimpses of sun mainly northeast Lakes, more widely for a time. A slight haze, particularly toward coasts, visibility reduced in rain.	Glimpses of sun. Visibility very good out of cloud and rain, but variably poor on high terrain.
How Cold? (at 750m) Freezing Level	8 or 9C, little change all day until late. Feeling like -2 to -5C in the wind on tops. Above the summits.	6 or 7C, may rise slightly. Feeling like -5C in strongest wind. Above the summits.

All mountain areas of Britain from Monday, 7 September, 2026

Generally unsettled onward into next week with spells of rain and showers moving in from the Atlantic , accompanied by frequently strong to gale force mountain winds. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times bringing higher Scottish tops occasionally close to freezing point. A few high pressure ridges will briefly bring brighter drier spells: Wednesday likely sees a brief good weather window, though cloud moves into the west with time, and indications suggest another window may arise Friday into Saturday, though this remains uncertain. Longer settled windows forming from mid-month, particularly England and Wales. Temperatures will be generally near or above average. best sunny windows around east hill groups.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.