

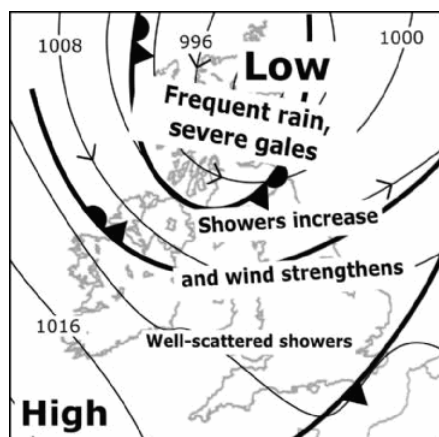
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Tuesday, 8 September, 2026



British Mountain Summary:

Based on forecast chart for noon 8 September, 2026

Frequent rain and severe gales over Scottish Highlands, easing from west later; feeling cold. Strong wind with showers and sun breaks in south Scotland and England, showers increasingly frequent from north, extended falls forming. Showers scattered in Wales, least rain south with lighter wind.

Headline for Lake District

Windy, strengthening to gales; showers increase in frequency

Detailed Forecast for Tuesday, 8 September, 2026

How windy? (On the summits) Effect of wind on you?	West-southwesterly 35-40mph, trending west and later northwesterly, gradually strengthening as well, finishing around 45mph in exposure with stronger gusts approaching 55mph into night. Strenuous walking from dawn gradually becoming arduous in exposure, intentional foot placement increasingly challenging on ridges; significant wind chill.
How wet? (Precipitation and its impact)	Showers, some steadier falls Showers drift onto most fells from the northwest, heavy bursts at times and windows of steadier falls forming as well.
Cloud on the hills? Chance of cloud free summits?	Variable but high terrain stays covered High summits often covered, may occasionally break above summits, but also filling in more widely over high terrain during rain, towards middle slopes from Scafell to Skiddaw. Broader blankets of cloud increasingly common through afternoon but will continue to vary. 30%
Sunshine? Air clarity (below cloud)	Glimpses of sun through fast-moving patchy cloud. Visibility very good out of cloud and rain, but variably poor on high terrain.
How Cold? (at 750m) Freezing Level	6 or 7C, may rise slightly. Feeling like -5 to -7C in strongest wind. Above the summits.

Lake District - Looking Ahead

	Wednesday 9 September	Thursday 10 September
How windy? (On the summits)	Northwesterly 25-30mph, soon easing and shifting westerly, 15mph afternoon, may further lessen.	Southwesterly 15-25mph, trending towards higher end of range, later approaching 35-40mph on high tops.
Effect of wind on you?	Blustery in exposure to start and feeling chilly, easing to small effects.	May start fairly small but ease of walking increasingly impacted, more strenuous later with a cool feel.
How wet? (Precipitation and its impact)	Little or none A few spots of light rain may affect south and west fells, but more likely entirely dry.	Local drizzle, rain later A little spotty drizzly rain here and there, a more frequent drizzle lingers over Scafell and nearby high terrain. Plenty of dry fells until later when a band of persistent rain sweeps in from the west as evening approaches.
Cloud on the hills?	Lifting to summits with breaks High terrain in cloud to start, varied banks to middle slopes from Scafell to Skiddaw. Cloud lifts, generally breaking up, increasingly to summits with breaks off tops, but patches variably returning to high summits. Very little cloud east of Coniston.	High terrain mostly shrouded, variably lower Only occasional breaks above 800-900m, lower bases common from Coniston to Pillar. Breaks will approach summits north of Helvellyn at times, and may break up more widely at times, but will fill in more extensively into evening.
Chance of cloud free summits?	Rising to 60%	50%
Sunshine? Air clarity (below cloud)	Sunshine in and out, increasingly frequent, particularly low slopes. Very good visibility.	Windows of bright sunshine, best on low slopes, trending cloudier into evening. Very good visibility out of cloud, a little haze towards the Irish Sea.
How Cold? (at 750m) Freezing Level	6C rising to 9C. Feeling below freezing to start, wind chill effect easing. Above the summits.	8C rising to 10C, staying elevated into night. Feeling just above freezing in later wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 9 September, 2026

Generally unsettled through the week with spells of rain and showers moving in from the Atlantic, accompanied by strong to gale force mountain winds. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times bringing higher Scottish tops occasionally close to freezing point, feeling cold in the wind chill. A few high pressure ridges bring settled windows, notably afternoons of Wednesday and Friday; northwestern areas, particularly in Scotland, will tend to hold onto some hill cloud despite high pressure.

Weather remains varied from the weekend into next week, Scotland most often unsettled, best windows of improvement to the south. A more settled period is indicated in the later month with warm temperatures.

Forecast issued at 16:19 on Monday, 7 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.