

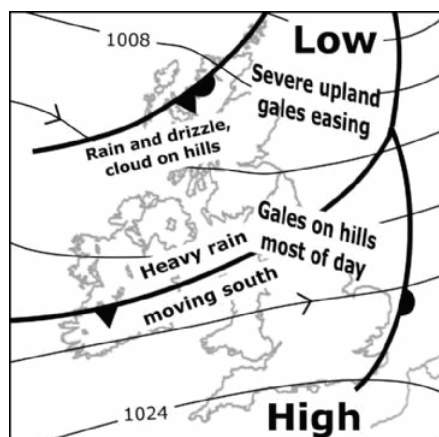
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Saturday, 12 September, 2026



British Mountain Summary:

Based on forecast chart for noon 12 September, 2026

Severe gales from dawn on Scottish mountains ease during morning, moderate speeds by mid-afternoon, whilst gales continue on tops in England & Wales until later. An intense band of rain moves south, followed by still frequent rain, some showery bursts plus low cloud western hills. Drier later north Scotland.

Headline for Lake District

Gales until later in day. Heavy rain in morning, lighter afternoon.

Detailed Forecast for Saturday, 12 September, 2026

How windy? (On the summits)	Southwesterly, rising through dawn to 50-60mph, stronger gusts; speeds only begin to drop below 40mph later afternoon, shifting westerly 25-30mph into evening.
Effect of wind on you?	Very difficult walking conditions with powerful gusts to low levels until later in daytime, on exposed terrain you may be blown over. Considerable wind chill.
How wet? (Precipitation and its impact)	Heavy rain in morning, fading from north, but staying damp Rain sweeps in soon heavy around dawn, setting in over the region for several hours, some torrential falls for a time, most continuous southwestern fells. Rain tending to ease then fade from north from around midday, leaving drizzle and patchy lighter rain afternoon, but an odd heavier showery fall may still occur. Very wet underfoot.
Cloud on the hills?	Extensive, lowest in rain Blanket cloud across the fells during rain, to lower slopes south and west Lakes. Highest of any breaks toward northeast. Some rise of base from north during afternoon, local breaks later, mainly east.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Cloudy and dull, some brighter skies mainly northeast later. Widely poor visibility in rain; some improvement with time.
How Cold? (at 750m)	10C rising to 12C, quite humid. Feeling like -5C directly in wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Sunday 13 September	Monday 14 September
How windy? (On the summits)	West-northwest 20-25mph at dawn, easing during morning, to 10mph by middle of day, later SW'ly. Rising again	Southwesterly 30 to 50mph, speed tending to rise during the day, some notable strong gusts high passes and some downslopes.
Effect of wind on you?	Feeling chilly in a fresh breeze early morning, becoming small.	Frequent buffeting over the hills, very gusty in places affecting stability, not just highest terrain. Marked chill factor despite mild air.
How wet? (Precipitation and its impact)	Likely dry Small chance a brief drizzly shower.	Often damp southwest, risk wetter later Light rain or drizzle, most persistent south and southwestern fells, but patchier north Lakes, may sometimes fade out widely. Later in daytime, steadier rain moving in from the southwest, risk heavier.
Cloud on the hills?	Varied patches likely all clearing Patchy cloud on some mid to upper slopes from dawn into morning. High tops may start near top of the cloud, then banks drift up to tops - may come and go for a few hours western Lakes, but clearing from most summits.	Extensive, lowest near coast Blanket cloud from lower slopes upward most or all day west and southwest Lakes. Shrouding the fells widely, highest bases near Ullswater to Blencathra, but rarely above 600m.
Chance of cloud free summits?	60% rising to 80%	10%
Sunshine? Air clarity (below cloud)	Variable sunshine and cloud, sunnier near coast afternoon. Visibility excellent.	Overcast and dull, murky to low levels toward coasts. Visibility locally better below cloud northeast areas.
How Cold? (at 750m) Freezing Level	7C rising to 10C during day, may rise a degree or so more into evening and night. Feeling near freezing in early wind. Above the summits.	12C, humid, little change all day, then starting to lower into night. Feeling like 0 to 3C directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 13 September, 2026

Staying unsettled with Atlantic lows dominating to the north ; often windy, gale-force westerly winds for periods over higher terrain. Better weather this Sunday, then wind and rain returns into Monday, staying showery into Tuesday. A mixed outlook continues later next week with rain most frequent in western Scotland. Temperatures varying, some cooler days especially in Scotland, but often fairly mild further south, at times quite warm and humid. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:29 on Friday, 11 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.