

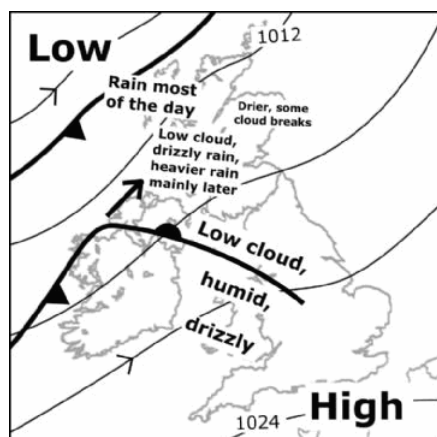
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 14 September, 2026



British Mountain Summary:

Based on forecast chart for noon 14 September, 2026

Humid southwesterly air brings extensive low cloud and drizzle to many mountains. Locally drier with some cloud breaks toward northeast of major mountain groups. Around Skye generally wet all day, whilst more prolonged heavier rain likely moves into southwest Scotland afternoon-evening. Strong and gusty winds.

Headline for Lake District

Blustery, gusty; low cloud, drizzle, wetter toward evening-night.

Detailed Forecast for Monday, 14 September, 2026

How windy? (On the summits)	Southwesterly 25 to 35mph, speed tending to rise, by later afternoon toward 50mph higher fells; notable strong gusts high passes and some downslopes.
Effect of wind on you?	Some variations, but often affecting comfortable walking in exposure; with time increasingly frequent buffeting, very gusty in places affecting stability, not just highest terrain. Marked chill factor despite mild air.
How wet? (Precipitation and its impact)	Often damp southwest, wetter later Light rain or drizzle, most persistent south and southwestern fells, but patchier north Lakes, may sometimes fade out widely. Later in day and into night, steadier rain moving in from the southwest, becoming heavier, setting in.
Cloud on the hills?	Extensive, lowest near coast, local breaks form northeast Lakes Blanket cloud from lower slopes upward most or all day west and southwest Lakes. Shrouding the fells widely, highest bases near Ullswater to Blencathra, some breaks may emerge mainly afternoon, but rare to upper slopes.
Chance of cloud free summits?	10%, to 30% north afternoon.
Sunshine? Air clarity (below cloud)	Overcast and dull, murky to low levels toward coasts. Visibility locally better below cloud northeast areas.
How Cold? (at 750m)	12C, humid, little change all day, then starting to lower slightly into night. Feeling like 0 to 3C directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 15 September	Wednesday 16 September
How windy? (On the summits) Effect of wind on you?	Westerly 25 to 30mph, but likely 35-40mph briefly from dawn. Blustery across the fells, affecting comfortable walking with some buffeting in exposure and marked wind chill.	Northwesterly 20-30mph, some stronger gusts over tops, turning westerly, 15-20mph, later SW'ly, restrengthening. Fairly small, but quite blustery over high tops early and late in the day with some buffeting gusts.
How wet? (Precipitation and its impact)	Rain on and off Overnight rain likely clears eastward around or before dawn. Then showery rain throughout the day, most frequent on western fells in the morning, but some heavier bursts passing eastward, particularly afternoon.	A little rain Some patchy rain from time-to-time, mostly western fells and likely dry for much of the afternoon. Late in the day, some patches return from the west, setting in for a few nighttime hours.
Cloud on the hills? Chance of cloud free summits?	Most frequent high western tops Often capping tops above 700-800m in the west, lifting a little during day, but still likely to come and go around 800-900m, brief breaks forming, more often eastwards. 40%	Extensive to start, lifting to high tops Starting fairly extensive above middle elevations, varied banks to lower elevations, some mist in sheltered valleys. Cloud will lift and tend to break up, to just varied patches grazing high tops. Late in the day, will fill in again over high terrain. Rising to 70% afternoon
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly eastern Lakes. Visibility very good away from showers, some haze toward west in morning.	Sun increasingly breaking out, extensive on low slopes for a time, high cloud building later. Very good visibility.
How Cold? (at 750m) Freezing Level	8 or 9C, small change then trending slightly cooler later in daytime. Feeling near to 0C in the wind. Above the summits.	7 or 8C. Feeling near freezing in direct wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 15 September, 2026**

Staying unsettled during the next week to 10 days as westerlies prevail - areas of low pressure passing north of Scotland with frontal systems bringing frequent rain, wettest over western mountains in Scotland. Often windy, sustained periods of gale-force westerly winds over higher terrain. Fairly cool by Tuesday onward, close to freezing on highest Scottish summits on Wednesday morning, possibly again for a time next weekend; often considerable wind chill on the mountains. Higher pressure and better weather tends to expand further north later in month.

Forecast issued at 16:18 on Sunday, 13 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.