

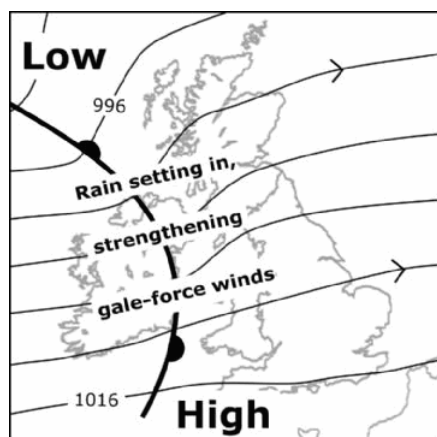
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

General Summary for Friday, 18 September, 2026



British Mountain Summary:

Based on forecast chart for noon 18 September, 2026

Already windy with light showery rain over western hills early in the day, but conditions will worsen from the west as gales strengthen and rain / drizzle becomes persistent, some heavier rain; cloud bases lower to widely blanket hills, lowest in west.

Headline for Lake District

Windy, strengthening gales; persistent heavy rain develops.

Detailed Forecast for Friday, 18 September, 2026

How windy? (On the summits)	West turning southwesterly, 35-40mph, briefly less in morning, but then increasing rapidly into early afternoon to 50mph, or 60mph in places with stronger gusts around higher fells afternoon.
Effect of wind on you?	Generally strenuous in exposure, deteriorating during day to make walking arduous, in places difficult with considerable wind chill; powerful gusts giving buffeting toward some lower slopes.
How wet? (Precipitation and its impact)	Rain sets in afternoon, sustained heavier falls A few spots of drizzly rain in the morning but largely dry. From midday, patchy rain arrives from the west, steadier rain setting in and becoming prolonged heavy rain during afternoon. Rain and drizzle continues into evening, some further heavy falls. Increasingly wet underfoot, streams rising.
Cloud on the hills?	Lifting to summits, then filling in and lowering during afternoon Cloud on most slopes above 700-800m, lower patches west fells, tending to lift and break up, sometimes off tops. Through afternoon, cloud more broadly over tops, lowering, filling in widely to middle slopes; some higher bases towards Blencathra.
Chance of cloud free summits?	40%, lowering to 10%
Sunshine? Air clarity (below cloud)	Patchy early weak sun, high cloud thickening, trending overcast and dull. Hazy at best, visibility deteriorating to poor as cloud and rain arrives.
How Cold? (at 750m)	7 or 8C, rising in afternoon to reach 11C toward evening, little change after dark; becoming more humid. Feeling near or below 0C in direct wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 19 September	Sunday 20 September
How windy? (On the summits)	Southwesterly 35 to 45mph.	Westerly 40mph early morning, tending to lessen gradually to 25mph, slightly less later in day.
Effect of wind on you?	Strenuous-to-arduous walking conditions, frequent buffeting on high exposed terrain. Considerable wind chill.	Challenging conditions moderating, but still blustery and affecting comfortable walking on exposed tops. Marked wind chill.
How wet? (Precipitation and its impact)	Showers Showery rain most frequent over western Lakeland. Further east a scattering of mostly brief showers in the wind.	Soon mostly dry Drizzly showers mostly western Lakeland early morning, fading to be largely dry.
Cloud on the hills?	Varying on high tops, lifting higher Banks of cloud over higher slopes, most frequent western Lakes, base tending to lift in morning 600 to 800m. By afternoon, tending to break higher, best eastwards.	Lifting above most tops Patchy cloud above 700-800m in the morning, most common on western fells. Lifting and breaking, but may leave some patches grazing highest tops in west.
Chance of cloud free summits?	50%	70%
Sunshine? Air clarity (below cloud)	Glimpses of sun, more common east Lakes. Slight haze especially toward coasts, reduced in showers, better east.	Broken cloud and sunshine; high cloud may thicken later. Some haze especially morning, visibility becoming very good.
How Cold? (at 750m) Freezing Level	7 to 9C, trending slightly cooler later in the daytime. Feeling like -2 to -5C directly in the wind. Above the summits.	6 or 7C, little change all day, then tending to rise onward into night. Feeling sub-zero in the stronger wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 19 September, 2026

Gale-force southwesterly winds continue extensively on the mountains into Saturday and early Sunday. Frequent rain over western hills, showers passing eastwards, tending to fade during Sunday as higher pressure begins to build from the south, allowing wind speeds to lessen too over England & Wales. Warmer into early next week, though higher humidity brings more cloud some drizzly rain to the west. A generally more promising forecast for late September as high pressure nearby offers drier and warmer weather for more places. Weather systems grazing past Scotland to the north still bring locally stronger winds and occasional rain mainly to the northwest.

Forecast issued at 16:22 on Thursday, 17 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.