

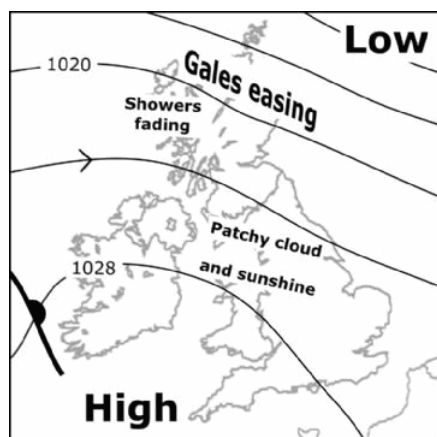
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 20 September, 2026



British Mountain Summary:

Based on forecast chart for noon 20 September, 2026

Gale-force winds over Scottish mountains early in the day lessen, but staying blustery and feeling chilly, for northern areas in particular. Showery rain in the west in the morning fading. Cloud base rising with good breaks forming, sunny spells best toward east. Lightest winds for Wales.

Headline for Lake District

Strongest wind in morning; early showers fade, cloud lifts.

Detailed Forecast for Sunday, 20 September, 2026

How windy? (On the summits)	Westerly 40mph early morning, tending to lessen gradually to 25mph middle of day into afternoon, slightly less later in day.
Effect of wind on you?	Challenging conditions moderating, but still blustery and affecting comfortable walking on exposed tops. Marked wind chill.
How wet? (Precipitation and its impact)	Soon mostly dry Drizzly showers mostly western Lakeland early morning, fading to be largely dry. Some drizzle returns into the night in west.
Cloud on the hills?	Lifting above most tops Patchy cloud above 700-800m in the morning, most common on western fells. Lifting and breaking, but may leave some patches grazing highest tops in west. Well into night, blanket low cloud rolls in from west.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	Broken cloud and sunshine; high cloud may thicken later. Some haze especially morning, visibility becoming very good.
How Cold? (at 750m)	6 or 7C, little change all day, then tending to rise onward into night. Feeling sub-zero in the stronger wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 21 September, 2026

Warm and humid air from the southwest extends across Britain early in the new week, cloaking many hills in fog and drizzle, to lower slopes near western coasts. A band of steadier rain is likely to be draped over northwest Scotland by Tuesday. Best of cloud breaks in areas further east and northeast. Rain then passes eastwards into Wednesday followed by a few showers, lower humidity and cloud bases lifting. Later in the week, areas of low pressure toward the northwest likely still bring periods of stronger winds to Scotland at least and a risk of rain at times mainly in the west, but a trend toward higher pressure and drier weather more often for the end of September into the start of October.

Forecast issued at 16:00 on Saturday, 19 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.