

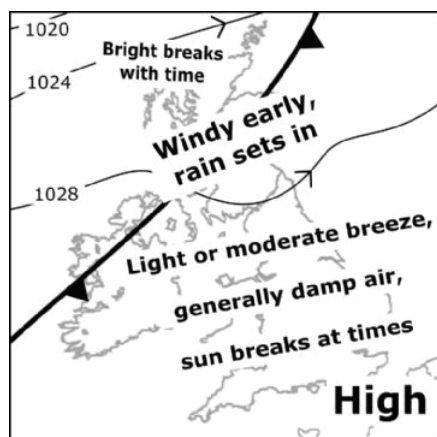
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 22 September, 2026



British Mountain Summary:

Based on forecast chart for noon 22 September, 2026

Scotland starts windy with rain in the northwest highlands, this spreading fairly widely over the highlands into afternoon and evening. Wind eases, some bright breaks in the far northwest. Feeling damp, warm, and often cloudy England and Wales, drizzle on west hills, odd patchy rain, but sun glimpses too.

Headline for Lake District

Drizzle on high fells, sun breaks northeast; warm and humid

Detailed Forecast for Tuesday, 22 September, 2026

How windy? (On the summits)	Southwesterly 15 to 25mph, some gusty areas 30mph in the morning around some higher fells, including through passes.
Effect of wind on you?	Varied conditions, often fairly small, but some gustier moments on high terrain will impact ease of walking.
How wet? (Precipitation and its impact)	Drizzle Often drizzly southwestern fells in particular, and feeling damp anywhere within cloud, a few more notable patches come and go. Patchy rain increases in frequency and intensity overnight.
Cloud on the hills?	Fairly extensive, lowest southwest Shrouding the fells widely, likely all day toward the south and west of the region, from low-mid slopes upward, the base may lift a little during day. Some breaks develop mostly toward Ullswater, perhaps a little more widely later.
Chance of cloud free summits?	20%, rising to 40% north of Helvellyn
Sunshine? Air clarity (below cloud)	Largely cloudy, misty over the fells. Some glimpses of sun toward valleys in northeastern Lakes, where visibility good below cloud.
How Cold? (at 750m)	12C and humid all day, little or no change into night. Feeling like 4C directly in wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 23 September	Thursday 24 September
How windy? (On the summits)	A variable westerly, 15-25mph, orienting northwesterly afternoon, briefly gusting 30mph but lessening with time.	Southwesterly 25-40mph, variable in this range but trending stronger as the day goes, powerful gusts forming.
Effect of wind on you?	Mostly fairly small, but speed will vary, with some blustery moments over the high tops.	Walking often strenuous in exposure, buffeting gusts challenging stability with notable wind chill.
How wet? (Precipitation and its impact)	Morning rain, dry afternoon Patchy rain from before dawn, drizzly on the tops; rain will set in steadily for several hours, heavy falls likely. Rain will break up, little or none through afternoon.	Likely dry during daylight A little drizzle/damp air may affect the high fells as night falls.
Cloud on the hills?	Extensive to start, largely clearing Cloud shrouds tops from dawn, filling in extensively, to low slopes for a time during steady rain, patches to forest canopies. As rain breaks, cloud breaks into varied banks, increasingly fading for largely clear hills later in the day.	Little until later Some mist scattered in valleys at dawn, soon lifting and dissipating for clear fells; a few patches lingering around Pillar and Scafell but breaking up. Later, cloud patches return to western high tops, variably more extensive over high terrain overnight.
Chance of cloud free summits?	20%, rising to 80% through afternoon	90% well into the day
Sunshine? Air clarity (below cloud)	Cloudy much of morning, dull for a time with poor visibility. Sun increasingly breaks out through afternoon with excellent visibility.	Patchy sun weakened by high cloud. Very good visibility.
How Cold? (at 750m)	11C to start, soon lowering, finishing near 7C. Feeling near 0C in strongest wind.	7C rising to 11C, staying elevated overnight. Feeling at or below 0C in strongest wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 23 September, 2026

A heavier swathe of rain moves east Wednesday morning, soon clearing Scotland but leaving a few showers behind, later clearing England and Wales. Southwesterly winds increase again on Thursday and rain later moves into western Scotland, but elsewhere is likely dry, bright in Wales and much of England. A variable outlook continues next weekend and beyond with high pressure building from the south at times with fairly warm and dry conditions, but Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least, strong wind here with sustained gales in the north. Next week remains on the unsettled side: west-southwesterly wind with bands of rain passing over most mountains, but a trend towards higher pressure brings longer settled windows into October.

Forecast issued at 16:00 on Monday, 21 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.