

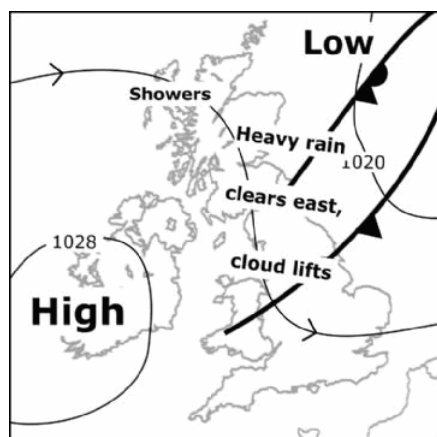
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Wednesday, 23 September, 2026



British Mountain Summary:

Based on forecast chart for noon 23 September, 2026

Rain and strong winds soon clears east from Scotland, but lasts a few hours over northern England and Wales in the morning with some heavier bursts. A marked improvement follows as cloud lifts and breaks up. A few showers continue near west coasts of Scotland. Feeling rather chilly in a fresh breeze.

Headline for Lake District

Blustery, some heavy rain, improving to sunshine and clear hills.

Detailed Forecast for Wednesday, 23 September, 2026

How windy? (On the summits) Effect of wind on you?	Northwesterly 25 to 30mph, briefly gusts over 40mph possible in morning. Speeds generally lowering into afternoon to 20-25mph or later less. Dropping to very little wind onward into night. Blustery in morning with briefly powerful buffeting gusts, moderating but staying breezy and feeling rather cool in exposure; an improving trend.
How wet? (Precipitation and its impact)	Early morning rain, then dry Patchy rain from before dawn, soon will set in steadily for several hours early-mid morning, heavy falls for a time. Then rain will quickly break up mid-late morning, little or none through afternoon.
Cloud on the hills? Chance of cloud free summits?	Extensive to start, largely clearing Cloud shrouds tops from dawn, filling in extensively, to low slopes for a time during steady rain, patches to forest canopies. As rain breaks, cloud breaks into varied banks, increasingly fading for largely clear hills later in the day. 20%, rising to 80% through afternoon
Sunshine? Air clarity (below cloud)	Cloudy much of morning, dull for a time with poor visibility. Sun increasingly breaks out through afternoon with excellent visibility.
How Cold? (at 750m) Freezing Level	11C to start, soon lowering, finishing near 7C. Feeling near 0C in strongest wind. Above the summits.

Lake District - Looking Ahead

	Thursday 24 September	Friday 25 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 25-40mph, lowest early morning, trending stronger as the day goes, powerful gusts forming. Walking often strenuous in exposure, buffeting gusts challenging stability with notable wind chill.	West to southwesterly 15 to 30mph, speed likely to vary during the day. Variable, at times feeling blustery and rather cool in exposure on high terrain, may start to affect comfortable walking.
How wet? (Precipitation and its impact)	Likely dry during daylight A little drizzle/damp air may affect the high fells as night falls.	Rain for a few hours Rain fairly persistent for a time, most likely in the morning for west and southern areas, but tending to fade to patchier rain as the day goes on.
Cloud on the hills? Chance of cloud free summits?	Little until later Some mist scattered in valleys at dawn, soon lifting and dissipating for clear fells; a few patches lingering around Pillar and Scafell but breaking up. Later, cloud patches return to western high tops, variably more extensive over high terrain overnight. 90%	Fairly extensive Shrouding the fells much of the day above 600-800m, lowest and most persistent west and southern fells, some lower banks for a time. May rise later in day, best higher breaks north/east. 20%
Sunshine? Air clarity (below cloud)	Patchy sun weakened by high cloud. Very good visibility.	Largely cloudy. Visibility reduced in rain, poor west/southwest; may improve during day.
How Cold? (at 750m) Freezing Level	7C rising to 11C, staying elevated overnight. Feeling at or below 0C in strongest wind. Above the summits.	8 or 9C, little change all day. Feeling near to 0C in stronger wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 24 September, 2026

Southwesterly winds increase again on Thursday and rain later moves into western Scotland, but elsewhere is likely dry, bright in Wales and much of England. A variable outlook continues into the weekend and beyond with high pressure building from the south at times with fairly warm and dry conditions, but Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least, strong wind here with sustained gales in the north. Next week remains on the unsettled side: west-southwesterly wind with bands of rain passing over most mountains, but a trend towards higher pressure brings longer settled windows into October.

Forecast issued at 16:28 on Tuesday, 22 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.