

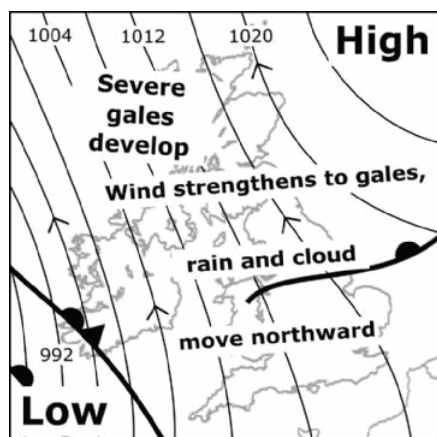
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 29 September, 2026



British Mountain Summary:

Based on forecast chart for noon 29 September, 2026

A windy start strengthens to widespread gales, powerful gusts not just on high terrain. Feeling chilly despite mild-to-warm temperatures, increasingly humid too. Some patchy rain and cloud moves north through Wales into England and later Scotland; northwest Scotland bright and dry well into the day.

Headline for Lake District

Gales with powerful gusts; high terrain cloud, some rain later

Detailed Forecast for Tuesday, 29 September, 2026

How windy? (On the summits)	Southeasterly 35 to 40mph to start, turbulent gusts downslope to the northwest. Sustained speeds strengthen towards 45mph, powerful gusts approach 55mph, then stronger sustained wind into night.
Effect of wind on you?	Arduous walking all way, more challenging moments in buffeting gusts, and later more sustained challenging conditions; chaotic gusts may knock you over. Considerable wind chill.
How wet? (Precipitation and its impact)	Minimal rain until later Spots of rain from time to time drift from the south, a little drizzle developing on the high tops as cloud thickens. A few steadier pulses of rain may form later, but any rainfall light and fleeting.
Cloud on the hills?	Covering tops and high south/east fells most of the day Banks of cloud most persistent over southern fells from dawn, likely to cling around tops much of the day. Higher and more broken cloud north and northwestern fells. A few afternoon hours may see more widespread cloud above 700-800m.
Chance of cloud free summits?	30%, nearer 50% northwest Lakes
Sunshine? Air clarity (below cloud)	Some glimpses of weak sun through high cloud mostly northwestern areas, more extensive sun on the lower slopes here. Perhaps cloudier for a few afternoon hours. Generally good visibility under the cloud, a little haze.
How Cold? (at 750m)	9C, soon rising, to 14 or 15C afternoon. Increasingly humid and little drop onward into night. Feeling near or just above freezing in direct wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 30 September	Thursday 1 October
How windy? (On the summits)	Southerly 30 to 40mph, at times 50mph over higher fells particularly more western Lakeland, particularly early.	Southwesterly 15-25mph. Strengthening overnight.
Effect of wind on you?	Strenuous walking conditions, more challenging in places on exposed high terrain with frequent buffeting.	Fairly small.
How wet? (Precipitation and its impact)	Heavy rain then showers A band of heavy rain moves northeastward across the region likely during the morning, followed by showers, later more frequent and heaviest from Coniston to Pillar.	Showers, later easing Showers from morning, rather frequent with some heavy bursts forming; perhaps drizzly between showers towards southwest Lakeland. Showers ease through afternoon, northeast Lakes largely dry later.
Cloud on the hills?	Lifting with best breaks inland Extensive cloud over the hills in early rain, then lifting rapidly and clearing toward upper slopes, though patches will linger, most persistent southwestern fells.	Lifting to patches over tops At first, fairly extensive above 700m, bases lowering towards southwest Lakes towards 500m during showers. A general lifting trend, some variability with showers, but increasingly just patches over tops.
Chance of cloud free summits?	50%	30%
Sunshine? Air clarity (below cloud)	Intermittent sun breaking through. Poor visibility in rain, then improving, but coastal areas stay fairly hazy.	Patchy sun, extended sunny windows forming. Very good visibility, a little haze to the west.
How Cold? (at 750m)	Humid 13C or above from dawn, dropping during the day to a fresher 9C. Feeling near/below freezing in the wind.	8C, rising a degree northeast Lakes.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 30 September, 2026

A band of rain moves northeast through early Wednesday, leaving fresher and blustery south-southwesterlies into Wednesday and Thursday, showery in the west but often bright between showers, particularly eastern areas. Friday will be a wetter day again, the rain quite frequent with extensive cloud over western hill groups and quite windy in England and Scotland. On Saturday, higher pressure tends to expand from the south, bringing more settled weather to England and Wales; temperatures generally mild, some cool nights when skies are clear. Scotland will stay cloudier and windier, particularly in northern areas early next week, some drizzle in the northwest and occasionally broader bands of rain slipping eastward.

Forecast issued at 16:30 on Monday, 28 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.