

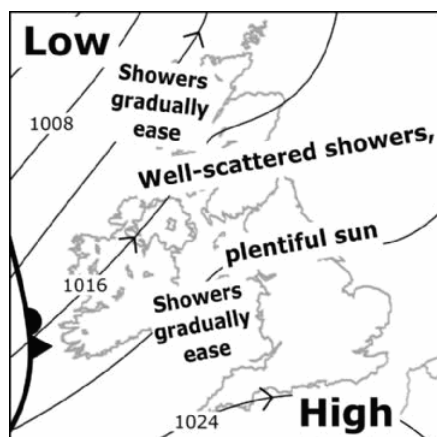
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 1 October, 2026



British Mountain Summary:

Based on forecast chart for noon 1 October, 2026

Showery outbreaks in Wales and west Scotland, early hill cloud tends to lift with breaks. Showers well-scattered elsewhere, early hill cloud largely clears. Showers lessen widely, often sunny though some haze. Mild temperatures, warm valleys afternoon; west Scotland starts cool, feeling chilly in a blustery wind.

Headline for Lake District

Showers ease with time, hill cloud mostly clears for sun

Detailed Forecast for Thursday, 1 October, 2026

How windy? (On the summits)	Southwesterly 20-25mph. Trending towards stronger speeds later, 30mph into evening and further strengthening overnight.
Effect of wind on you?	Fairly small, but blustery in exposure later and further deteriorating overnight.
How wet? (Precipitation and its impact)	Showers, easing Showers in the early morning, some local heavy bursts and perhaps drizzly between showers towards southwest Lakeland. Showers ease, to just a few local outbreaks afternoon, and likely largely dry later in the day.
Cloud on the hills?	Lifting to patches over tops At dawn, fairly extensive above 700m, lower bases towards southwest Lakes, locally 500m during showers. A general lifting trend, some variability with showers, but increasingly just patches over tops, may break at times.
Chance of cloud free summits?	Rising to 50%
Sunshine? Air clarity (below cloud)	Often sunny, patchy fair weather cloud around at times. Very good visibility, a little haze to the west.
How Cold? (at 750m)	8C, rising a degree northeast Lakes.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 2 October	Saturday 3 October
How windy? (On the summits) Effect of wind on you?	Southwesterly 25-35mph, will vary somewhat; gusty over tops, risk approaching 45mph. Blustery all day, more strenuous moments in buffeting gusts with wind chill.	West-southwesterly 10-20mph. Mostly small.
How wet? (Precipitation and its impact)	Persistent rain Steady rain most of the day over high fells and southwest Lakeland, extended heavy falls likely in these areas. Best chance of any breaks in the rain to the north, but these likely only brief.	Any rain unlikely
Cloud on the hills? Chance of cloud free summits?	Fairly extensive The fells likely widely shrouded above at least 500m most or all day, often lower south and west Lakeland with persistent patches into valleys/forest canopies. A few higher breaks to the north, but unlikely ever rising above highest tops. 20%	Lifting to summits, increasingly breaking up At dawn, ragged patches at varied heights, some lower patches where sheltered, but will lift and generally dissipate, patches lingering on high terrain but ultimately dissipating. Rising to 70%
Sunshine? Air clarity (below cloud)	A few bright glimpses possible but more likely overcast and dull. Poor visibility.	Intermittent sun. Good visibility, a little haze.
How Cold? (at 750m) Freezing Level	10 or 11C. Feeling near 0C in strongest wind. Above the summits.	6 or 7C. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 2 October, 2026

Friday starts the weekend with windy and damp weather, rain quite frequent with extensive cloud for some. On Saturday, higher pressure expands from the south, gradually settling the weather in England and Wales. Scotland remains breezy with cloud and showers, mostly impacting western regions. The following week remains mixed: high pressure to the south and west bringing some windows of brighter, drier weather primarily to England and Wales, but active low pressure systems will break through as well for spells of widespread wind, sometimes gale force, and bands of rain followed by showers. Precise timing of settled versus unsettled weather is currently uncertain. Temperatures variably mild to cool, beginning to reach freezing on Scottish summits, or lower down on clear nights.

Forecast issued at 16:15 on Wednesday, 30 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.