

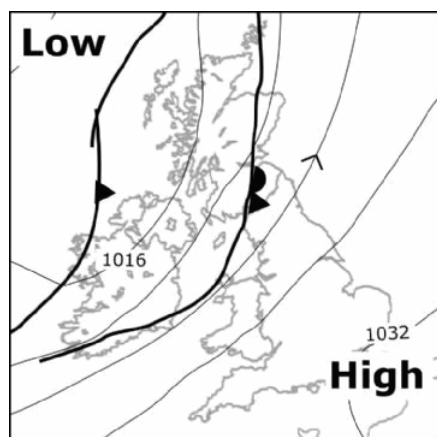
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Friday, 2 October, 2026



British Mountain Summary:

Based on forecast chart for noon 2 October, 2026

Continuing mild, but gales - or in the north severe gales on many mountains - will make it feel cold due to wind chill. A weakening front will bring a little rain eastwards before a further front brings heavier rain in from the southwest later in the day.

Headline for Lake District

Upland gales developing; occasional rain.

Detailed Forecast for Friday, 2 October, 2026

How windy? (On the summits)	Southerly, increasing from dawn to by late morning a range from 40 to later 50mph possibly 55mph some higher tops.
Effect of wind on you?	Increasingly difficult conditions with increasing height. Where exposed balance difficult and wind chill becomes significant.
How wet? (Precipitation and its impact)	Occasional rain Rain on and off over a couple of hours or so will drift slowly east. Generally very little easternmost hills. More persistent rain will extend more quickly from southwest across region mid to late afternoon.
Cloud on the hills?	Extensive generally on higher areas; lowest cloud more southern ranges South lakes: Fog persistent across the hills most or all day, sometimes from lower slopes up, but mainly afternoon most cloud may be above 600m temporarily. North lakes: Cloud base varying, in rain patches below 500m, but particularly afternoon, most cloud above 750m, possibly 900m.
Chance of cloud free summits?	10% south lakes to 50% afternoon north lakes.
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly north lakes afternoon. Intermittently poor visibility, especially afternoon southern mountains. Otherwise mostly very good.
How Cold? (at 750m)	10C, but feeling as cold as minus 4C directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Saturday 3 October	Sunday 4 October
How windy? (On the summits) Effect of wind on you?	West-southwesterly 10-20mph. Mostly small.	Southwesterly, increasing markedly with height to 35mph on higher exposed areas. Considerable wind chill and strenuous walking: balance may well be difficult at times on highest tops.
How wet? (Precipitation and its impact)	Rain unlikely	Drizzle, mainly S & W lakes. Occasional drizzle will come in off the sea to affect mainly southern and western fells. Rare patches, if any, reaching northeastern areas.
Cloud on the hills? Chance of cloud free summits?	Lifting to or above the summits, increasingly breaking up At dawn, patches at varied heights, but will lift and all or almost all clear by midday. Rising to 70%	Foggy across nearly all mountains all day Persistent low cloud penetrating inland from about dawn will persist all day, sometimes forming on just above valleys near the coast Cloud base will rise northeastwards: to 450-700m - perhaps occasionally breaking to higher tops. 10% southwest to in afternoon 30% northeast
Sunshine? Air clarity (below cloud)	Intermittent sun. Good visibility, a little haze.	Sunshine may come through lower slopes north and northeastern fells. Mostly very good visibility, sometimes misty southern and western fells.
How Cold? (at 750m) Freezing Level	6 or 7C. Above the summits.	11C. Will feel near freezing point directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 3 October, 2026

Rain at some stage more or less daily on most mountain areas through the coming week. However, frequently dry E & S Wales and S Pennines. Frequently windy Scottish Highlands, whilst progressively further south, periods of strong winds will be increasingly infrequent. A hint of a brief period of much colder weather around the middle of next week.

Forecast issued at 15:22 on Thursday, 1 October, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.