

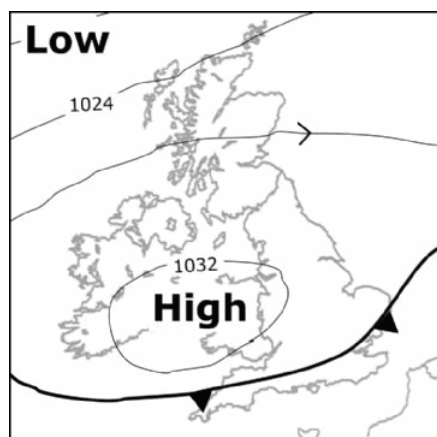
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 3 October, 2026



British Mountain Summary:

Based on forecast chart for noon 3 October, 2026

Fine, sunny with light wind mountains in England and Wales. Much of Scotland will be dry but showers, mainly W & NW Highlands, where there will be persistent fog. Progressively windier northwards; near gale force northern Scotland.

Headline for Lake District

Light wind; extensive sunshine.

Detailed Forecast for Saturday, 3 October, 2026

How windy? (On the summits)	Westerly 20mph gradually dropping to 10mph.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Rain not expected
Cloud on the hills?	Patches of low cloud after dawn very likely all clearing Fragments may shroud some higher slopes after dawn, but little if any left by midday.
Chance of cloud free summits?	90% by midday
Sunshine? Air clarity (below cloud)	Extensive sunshine. Excellent visibility.
How Cold? (at 750m)	5 rising to 8C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Sunday 4 October	Monday 5 October
How windy? (On the summits) Effect of wind on you?	Southwesterly, increasing markedly with height to a gusty 35mph on higher exposed areas. Marked wind chill and on higher tops, particularly N Pennines, strenuous walking - balance in gusts sometimes difficult.	Southwesterly typically 30mph, but where exposed on higher summits sometimes 45mph. Sudden gusts some lower slopes. Difficult walking where exposed: balance strenuous in sudden gusts (some reaching lower slopes), and considerable wind chill.
How wet? (Precipitation and its impact)	Drizzle, mainly S & W lakes. Occasional drizzle will come in off the sea to affect mainly southern and western fells. Rare patches, if any, reaching northeastern areas.	Risk of drizzle, most likely S & W Risk occasional drizzle southern and western fells. Drizzle, if any, only rarely elsewhere.
Cloud on the hills? Chance of cloud free summits?	Foggy across nearly all mountains all day Persistent low cloud penetrating inland from about dawn will then persist, sometimes forming just above valleys near the coast Cloud base higher, typically 450-700m - northern and northeastern fells, where may occasionally break to higher tops. 10% southwest to in afternoon 30% northeast	Fog most or all higher areas. Persistent fog probably above 200 to 450m western and southern fells. Cloud base higher - and the cloud may sometimes break up - progressively northeastwards. Typically by afternoon 750m or above Skiddaw range and east of Helvellyn. 20%
Sunshine? Air clarity (below cloud)	Sunshine may come through lower slopes north and northeastern fells. Mostly very good visibility, sometimes misty southern and western fells.	Extensively cloudy and hazy south and west. There may be sun, perhaps extensively northern and northeastern fells.
How Cold? (at 750m) Freezing Level	11C. Will feel near freezing point directly in the wind. Above the summits.	11C. Feeling near freezing point in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 4 October, 2026

Rain at some stage more or less daily on most mountain areas through the coming week. However, total rainfall small, and frequently dry E & S Wales and S Pennines. Frequently windy Scottish Highlands, whilst progressively southwards, periods of strong winds will less frequent. A brief period of colder weather around the middle of next week will bring snowfall to some northern mountains.

Forecast issued at 7:26 on Saturday, 3 October, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.