

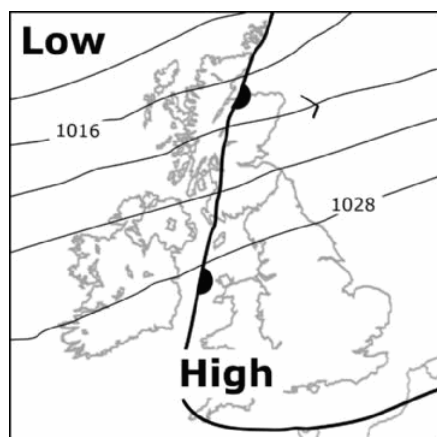
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Sunday, 4 October, 2026



British Mountain Summary:

Based on forecast chart for noon 4 October, 2026

A weakening warm front will gradually bring low cloud to western hills of NW England and Wales. Blustery N England. In Scotland, widespread gales; in the NW & W Highlands, heavy rain and fog, but only occasional rain eastern and southern Scottish mountains.

Headline for Lake District

Blustery higher slopes. Low cloud slowly shrouding mainly S & W fells.

Detailed Forecast for Sunday, 4 October, 2026

How windy? (On the summits)	Southwesterly, increasing markedly with height to a gusty 30 or 35mph on higher exposed areas.
Effect of wind on you?	Marked wind chill and on higher tops, particularly N Pennines, strenuous walking - balance in gusts sometimes difficult.
How wet? (Precipitation and its impact)	A little drizzle S & W lakes. Isolated fine drizzle will come in off the sea to affect southern and western fells. Drizzle very unlikely elsewhere.
Cloud on the hills?	Fog slowly enveloping mainly western and southern fells South lakes and western fells: Persistent low cloud penetrating inland through morning. Will form just above some valleys near the coast and above 300-450m. Elsewhere: slowly cloud forming on some higher slopes, perhaps later widespread, above about 600m (possibly highest tops above the cloud).
Chance of cloud free summits?	Dropping to 10% southwest to 30% northeast
Sunshine? Air clarity (below cloud)	Sunshine will gradually give way, particularly south and west Cumbria. Mostly very good visibility, sometimes misty southern and western fells.
How Cold? (at 750m)	8C. Will feel near freezing point directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 5 October	Tuesday 6 October
How windy? (On the summits)	Southwesterly typically 30mph, but where exposed on higher summits sometimes 40mph. Sudden gusts some lower slopes.	West veering northwesterly. Typically 30mph, before an abrupt drop to 15-20mph as wind changes direction.
Effect of wind on you?	Difficult walking where exposed: balance strenuous in sudden gusts (some reaching lower slopes), and considerable wind chill.	Strenuous walking and considerable wind chill at first, before conditions ease (timing of change uncertain - most likely middle of day).
How wet? (Precipitation and its impact)	Risk of drizzle, most likely S & W Occasional drizzle southern and western fells. Drizzle, if any, only rarely elsewhere.	Rain for several hours, then clearing Rain, probably starting overnight will continue well into the day before over a couple of hours clearing from northwest. Timing of change uncertain, best estimate early afternoon.
Cloud on the hills?	Fog most or all higher areas. Persistent fog probably above 200 to 450m western and southern fells. Cloud base higher - and the cloud may sometimes break up - progressively northeastwards. Typically by afternoon 750m or above Skiddaw range and east of Helvellyn.	Blanket of fog on the fells, largely clearing as rain eases Fog across the fells, from lower slopes up south lakes and western fells elsewhere. Otherwise cloud base 500 to 700m. Will lift to just fragments above about 800m as rain clears.
Chance of cloud free summits?	20%	10% later rising to 70% (timing uncertain)
Sunshine? Air clarity (below cloud)	Extensively cloudy and hazy south and west. There may be patches of sun, northern and northeastern fells.	Periods of sunshine and excellent visibility after a dull misty morning.
How Cold? (at 750m)	11C. Feeling near freezing point in the wind.	Dropping to 6C during morning. Will feel near freezing point directly in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 5 October, 2026

Rain at some stage more or less daily on most mountain areas through the coming week. However, total rainfall small, and frequently dry E & S Wales and S Pennines. Frequently windy Scottish Highlands, whilst progressively southwards, periods of strong winds will less frequent. A brief period of colder less windy weather around the middle of next week brings snow showers to some northern mountains.

Forecast issued at 7:23 on Sunday, 4 October, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.