

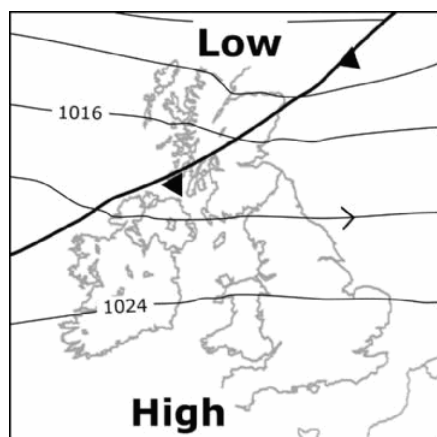
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



**Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to [www.wheelwrights.com](http://www.wheelwrights.com)**

## General Summary for Monday, 5 October, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 5 October, 2026

Humid air ahead of a cold front moving slowly south across Scotland will bring fog and drizzle to most mountain areas, although some improvement from the north across the Scottish Highlands. Upland gales will be widespread - least windy southwards along the Pennines and also Wales.

### Headline for Lake District

Gales higher fells. Dull; persistent fog. Drizzle.

## Detailed Forecast for Monday, 5 October, 2026

|                                                                        |                                                                                                                                                                                                                                                                                                                                     |
|------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                                     | Southwesterly increasingly markedly with height to 45mph. Generally a slight easing through the day.                                                                                                                                                                                                                                |
| <b>Effect of wind on you?</b>                                          | <b>Expect considerable wind chill and walking to be strenuous, sometimes difficult on higher fells. Balance difficult at times higher up.</b>                                                                                                                                                                                       |
| <b>How wet?</b><br>(Precipitation and its impact)                      | <b>Patches of drizzle, mainly south and west Cumbria</b><br>Occasional or intermittent drizzle across south lakes and western fells elsewhere. Drizzle, only rarely toward northern and northeastern fells.                                                                                                                         |
| <b>Cloud on the hills?</b><br><br><b>Chance of cloud free summits?</b> | <b>Fog across the fells; very low cloud base S &amp; W Cumbria</b><br>Persistent fog above 200 to 450m western and southern fells. Cloud base higher - and the cloud may sometimes break - progressively northeastwards.<br>Typically by afternoon the base 600m or above Skiddaw range and east of Helvellyn.<br><b>Almost nil</b> |
| <b>Sunshine?</b><br>Air clarity (below cloud)                          | Extensively dull and hazy south and west. There may be a little sun, northern and northeastern fells - but even here hazy.                                                                                                                                                                                                          |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>                | 11C. Feeling near freezing point in the wind.<br><br>Above the summits.                                                                                                                                                                                                                                                             |

## Lake District - Looking Ahead

|                                                                         | <b>Tuesday 6 October</b>                                                                                                                                                                                                                                         | <b>Wednesday 7 October</b>                                                                                                                                                                                                       |
|-------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b><br><br><b>Effect of wind on you?</b> | West veering northwesterly. Typically 30mph, before an abrupt drop to 15-20mph as wind changes direction.<br><br><b>Strenuous walking and considerable wind chill at first, before conditions ease (timing of change uncertain - most likely middle of day).</b> | West veering northwesterly in the range 20 to perhaps 30mph. May strengthen later in day.<br><br><b>Often fairly small, but ease of walking and balance sometimes difficult near showers.</b><br><b>Considerable wind chill.</b> |
| <b>How wet?</b><br>(Precipitation and its impact)                       | <b>Rain for several hours, then clearing</b><br>Rain, probably starting overnight will continue well into the day before over a couple of hours clearing from northwest. Timing of change uncertain, best estimate early afternoon.                              | <b>Hail showers</b><br>Sudden hail and on higher fells sleet or snow showers, sometimes frequent.                                                                                                                                |
| <b>Cloud on the hills?</b>                                              | <b>Blanket of fog on the fells, largely clearing as rain eases</b><br>Fog across the fells, from lower slopes up south lakes and western fells elsewhere. Otherwise cloud base 500 to 700m. Will lift to just fragments above about 800m as rain clears.         | <b>Extensive on higher areas</b><br><br>Cloud base sometimes confined above 750m, but near showers, patches to around 400m, temporary lower western Cumbria.                                                                     |
| <b>Chance of cloud free summits?</b>                                    | <b>10% later rising to 70% (timing uncertain)</b>                                                                                                                                                                                                                | <b>20%</b>                                                                                                                                                                                                                       |
| <b>Sunshine?</b><br>Air clarity (below cloud)                           | Periods of sunshine and excellent visibility after a dull misty morning.                                                                                                                                                                                         | Occasional sun, most widely east Cumbria in morning.<br>Visibility sometimes very poor, but otherwise good, although a haze.                                                                                                     |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>                 | Dropping to 6C - timing uncertain. Will feel near freezing point directly in the wind.<br><br>Above the summits.                                                                                                                                                 | 5C; will feel as cold as minus 4C directly in wind.<br><br>Above the summits.                                                                                                                                                    |

**Planning Outlook****All mountain areas of Britain from Tuesday, 6 October, 2026**

A brief colder period with the wind easing on Wednesday and Thursday - some snow will lie on higher Scottish summits. Winds then return to the southwest, bringing bands of rain, low cloud and strong upland winds across Britain. Most frequent severe weather will be on the W and NW Highlands, where there will be considerable rain and frequent upland gales.

**Forecast issued at 15:52 on Sunday, 4 October, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.