MOUNTAIN WEATHER INFORMATION SERVICE

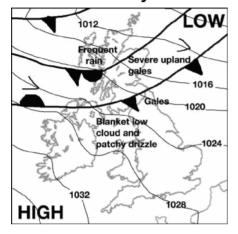
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 6 July, 2022



British Mountain Summary: Based on forecast chart for noon 6 July, 2022

Very windy from the Lakes/Pennines northwards with severe gales over the Scottish Highlands. Extensive low cloud will cover the hills and produce pockets of drizzle. Frequently raining in northwest Scotland where very wet underfoot. Highest bases in the east where sunshine will break through at times, mainly lower slopes.

Headline for The Northwest Highlands

Severe gales, perhaps even storm force. Frequently raining, blanket hill fog.

Detailed Forecast for Wednesday, 6 July, 2022

How windy? (On the Munros)	Westerly varying in the range 50 and 70mph, sudden violent gusts, some reaching lower slopes. Strongest wind will be in morning.	
Effect of wind on you?	Walking widely very difficult and wind chill significant. Violent gusts, some on lower slopes which could blow you over.	
How wet?	on and its Very wet underfoot and many burns in spate after almost constant rain. Rain will continue most of the day, albeit gradually ease. Very much drier easternmost areas (near Great Glen/Ben Wyvis) where only pockets drizzle.	
(Precipitation and its impact)		
Cloud on the hills?	Blanket of fog across the mountains	
Chance of cloud free Munros?	Fog from lower slopes up across the region; the lowest cloud near the coast, where could shroud some cliffs. Highest cloud base will be well inland on summits near Great Glen to Ben Wyvis, where in afternoon cloud may become confined above 600m. 10%	
Sunshine? Air clarity (below cloud)	Widely dull, misty or murky, although rare sunshine breaking through easternmost valleys.	
How Cold? (at 900m)	8C	
Freezing Level	Above the summits	

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The Northwest Highlands - Looking Ahead

	Thursday 7 July	Friday 8 July
How windy? (On the Munros)	Westerly typically 25mph near Skye to 30 or 35mph far north. There may be a trend toward strengthening wind through day.	Westerly in the range 25 to 35mph; generally strongest in the afternoon.
Effect of wind on you?	Will widely impede ease of walking, but in far north, walking arduous on some slopes. Sudden gusts some lower slopes.	Will impede walking for periods across the hills, at times fairly arduous. Strongest winds not necessarily on highest tops.
How wet?	Drizzly toward coast, mainly far north	Drizzly rain on and off, focused in west.
(Precipitation and its impact)	Substantially dry overall, although the odd pocket of drizzle. Wettest on slopes nearest the coast, particularly Sutherland, where the drizzle on and off all day - and possibly steadier rain in evening.	Areas of drizzly rain, most frequent near the west coast. Progressively drier the further east you go, but still some occasional spots across easternmost hills.
Cloud on the hills?	Persistently very low; may break off easternmost hills	Extensive, bases lifting further east.
	Overall constant fog, in places from coastal cliffs upward near the coast. But more than about 10 miles inland from general lie of the coast, breaks to or above 700m. By afternoon, the cloud may all clear from hills near Great Glen to Ben Wyvis.	Blanket low cloud in the west throughout the day with bases widely to lowest slopes near west coast. Further east, bases around 700-900m, some breaks.
Chance of cloud free Munros?	30%	10% in west, 40% in east.
Sunshine? Air clarity (below cloud)	Extensively dull and hazy, but sun breaking through well inland, perhaps widely hills near Great Glen to Ben Wyvis, where visibility excellent.	Overcast, glimpses of sun possible lower slopes inland. Widely murky and misty, but often good in east.
How Cold? (at 900m)	9C, but where sunny (easternmost summits) a few degrees warmer afternoon.	9 or 10C
Freezing Level	Above the summits.	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 7 July, 2022

Persistent high pressure off SW Britain will bring extensive dry weather to and through next weekend, although in western Scotland, with the wind off the sea, often cloudy and fronts may bring rain on Sunday.

On western mountains (mainly Scotland), until Friday, the cloud will bring persistent fog, even to lowest slopes near the coast.

Forecast issued at 21:16 on Tuesday, 5 July, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.