

The Northwest Highlands

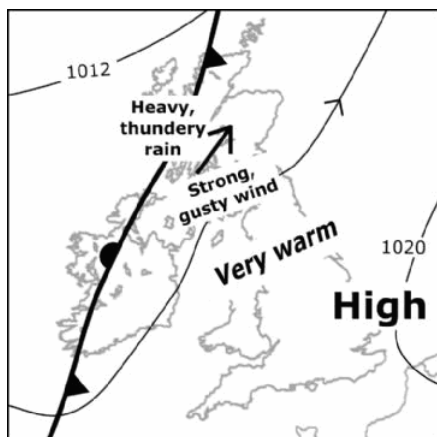
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 30 June, 2025



British Mountain Summary:

Based on forecast chart for noon 30 June, 2025

Very warm and humid. Gale force southerly winds for NW Scotland at first will ease, but gusty winds strengthen elsewhere. As a front encroaches from the west across the Highlands, bursts of rain will merge into a swathe of more extensive heavy rain, possible thunder. Dry with sunshine for England and Wales, small risk local showers.

Headline for The Northwest Highlands

Gales at first notably easing. Heaviest rain on/near Skye.

Detailed Forecast for Monday, 30 June, 2025

How windy? (On the Munros)	South to southwesterly 40 to 55mph in morning; powerful gusts briefly 60mph+ tops and some high passes; strongest an hour or two after dawn. Lessening considerably to 15-25mph, lowest speeds near Skye afternoon.
Effect of wind on you?	Difficult walking conditions in morning, frequent buffeting, mobility challenging on exposed ridges; gusts may knock you over. Marked improvement into afternoon to become fairly small widely.
How wet? (Precipitation and its impact)	Heavy rain increasingly widespread Spots of rain from high cloud initially, heavy bursts of rain forming. More persistent heavy rain soon on/near Skye. More widespread heavy rain developing with time, possible thundery bursts mixed in. Becoming very wet underfoot in west.
Cloud on the hills?	Lowest and most persistent Skye Persistent very low cloud Skye, particularly southern Cuillin. Elsewhere, varied cloud banks, mostly western mountains, highest breaks north, but widely filling in and lowering across mountains as rain develops.
Chance of cloud free Munros?	10% Skye, 50% elsewhere, but 20% as rain sets in.
Sunshine? Air clarity (below cloud)	An array of high cloud largely obscuring the sun, mostly overcast. Visibility good, but hazier near coast, Skye may remain murky, especially south; reducing to be widely poor in rain.
How Cold? (at 900m)	11C where in cloud in west, up to local 16C Easter Ross; humid. Lowering from west, to 7C by evening, toward 4C into night.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Tuesday 1 July	Wednesday 2 July
How windy? (On the Munros)	West to southwesterly 15 to 25mph.	Southwesterly 10 to 20mph, strongest coastal areas toward the north.
Effect of wind on you?	Fairly small, but feeling cool and rather blustery on some exposed western ridges.	Mostly small
How wet? (Precipitation and its impact)	Local brief showers One or two showers, mostly light. Chance of an odd heavier shower forming inland across Sutherland.	Rare showers One or two brief showers. Chance of a local heavier shower toward the east coast later in day.
Cloud on the hills?	Lifting and mostly clearing Variable cloud banks covering hills, most extensive western areas. Lifting to upper slopes during morning, leaving patches confined to high tops, clearing many summits afternoon.	Patches clearing Patches of cloud briefly on western mountains in the morning, lifting to upper slopes then largely clearing above tops.
Chance of cloud free Munros?	30% rising to 90%	80%
Sunshine? Air clarity (below cloud)	Fairly cloudy, glimpses of sun; becoming sunnier toward the west coast afternoon. Visibility excellent.	Patchwork of sun and cloud. Visibility excellent.
How Cold? (at 900m)	5 to 8C.	7 to 9C.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 1 July, 2025**

Cooler across Scotland by Monday night as a cold front advances eastwards. Risk of scattered thundery showers Tuesday-Wednesday, mostly eastern areas. High pressure then builds to the south, whilst a humid southwesterly returns to bring spells of rain and low cloud to western Scotland. The second week of July looks cooler for all with sunshine and showers.

Forecast issued at 16:00 on Sunday, 29 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.