

The Northwest Highlands

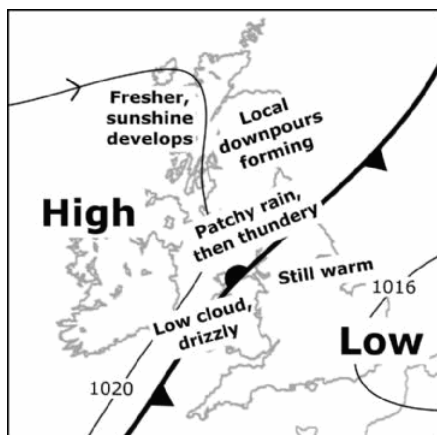
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Tuesday, 1 July, 2025



British Mountain Summary:

Based on forecast chart for noon 1 July, 2025

Cooler for Scotland and northern England. Patchy rain and low cloud across central-southern Scotland and northern England, risk of developing into slow-moving heavy downpours into the afternoon. Low cloud and a little rain for Wales. West & northwest Scotland better, cloud lifting to give sunshine near the coast. Mostly light winds.

Headline for The Northwest Highlands

Largely dry, rare showers. Moderate breeze, cool.

Detailed Forecast for Tuesday, 1 July, 2025

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|---|--|
| How windy? (On the Munros) | West to southwesterly 15 to 25mph, strongest in areas north from Ullapool. |
| Effect of wind on you? | Fairly small, but feeling cool and rather blustery on some exposed ridges, mostly toward north. |
| How wet? (Precipitation and its impact) | Mostly dry; local showers mostly later in east Brief light showers mostly western hills early morning, fading. An odd heavier shower forming into evening across Easter Ross and eastern Sutherland. |
| Cloud on the hills? | Lifting and mostly clearing Variable cloud banks covering hills at first, most extensive western areas above 600-800m for a few hours. Lifting to upper slopes during morning, leaving patches confined to high tops, clearing many summits afternoon. |
| Chance of cloud free Munros? | 30% rising to 90% |
| Sunshine? Air clarity (below cloud) | Fairly cloudy, glimpses of sun; becoming sunnier toward the west coast afternoon. Visibility excellent, some mist at first. |
| How Cold? (at 900m) | 5C, rising marginally near west coast, to 8C inland areas afternoon. |
| Freezing Level | Above the summits |

The Northwest Highlands - Looking Ahead

| | Wednesday 2 July | Thursday 3 July |
|---|---|--|
| How windy? (On the Munros) | Southwesterly 15 to 20mph, strongest coastal areas toward the north. | South to southwesterly 25 to 30mph, may reach 35mph west coast mountains. |
| Effect of wind on you? | Mostly small | Starting to affect comfortable walking, making balance challenging on some exposed ridges. Feeling cool. |
| How wet? (Precipitation and its impact) | Showers Occasional showers passing eastwards, locally heavier toward the east coast later in day. | Frequent or persistent rain Often raining on western mountains, steady rain setting in for periods, some heavier showery bursts mixed in. |
| Cloud on the hills? | Most frequent on western tops Patches of cloud on western mountains in the morning, lifting to upper slopes, may come and go on tops, most common in the west, clearing more often afternoon. | Fairly extensive higher areas Often covering higher slopes, bases lowering in rain, fairly extensive above 700-900m, lowest west coastal hills, may form for periods to 600m on/near Skye. |
| Chance of cloud free Munros? | 60% | 30% |
| Sunshine? Air clarity (below cloud) | Patchwork of sun and cloud. Visibility very good. | Largely cloudy, glimpses of sun east. Visibility good below cloud, hazier west, poor at times during rain. |
| How Cold? (at 900m) | 6 to 8C. | 5 to 7C, marginal rise during day. |
| Freezing Level | Above the summits | Above the summits |

Planning Outlook

All mountain areas of Britain from Wednesday, 2 July, 2025

Fresher westerly air into midweek. Some heavy showers forming, mostly in eastern Scotland and Pennine areas - with light winds some slow-moving heavy downpours, possible thunder locally. By Thursday, west to southwesterly winds increase for Scotland, with more persistent rain and low cloud returning from the west associated with fronts over the Atlantic. Friday brings a risk of heavier rain to western Scotland and gales over higher terrain for Scotland and possibly northern England, rain extending further south with time. The weekend looks unsettled with low pressure bringing heavy showery rain widely, risk isolated thunder.

Forecast issued at 16:07 on Monday, 30 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.