

# The Northwest Highlands

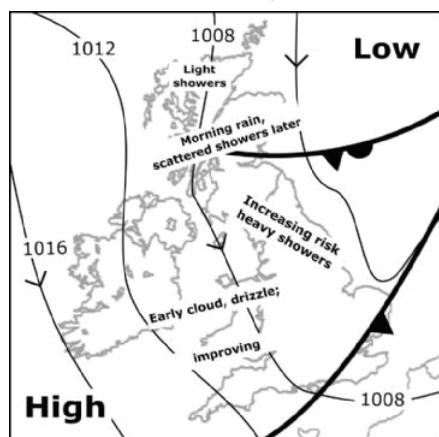
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Sunday, 6 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 6 July, 2025

Cloud on higher hills with patchy rain for many areas in the morning. Later, a band of showers forms from central highlands southward into England, drifting down the Pennines; showers will give heavy bursts with a risk of few lightning flashes southern Scotland. Damp in Wales early, gradually improving.

### Headline for The Northwest Highlands

Morning rain and fog; improving, clearing tops inland

## Detailed Forecast for Sunday, 6 July, 2025

<b>How windy? (On the Munros)</b>	Northerly 15-20mph most of the day, shifting northwesterly later. Speeds rise late in the day towards 25mph.
<b>Effect of wind on you?</b>	Fairly small, some uncomfortable winds arising late in the day.
<b>How wet?</b> (Precipitation and its impact)	<b>Morning rain in the south, then showers onto west/north coasts</b> Fairly persistent rain Skye/Wester Ross in the morning passes to the south. Showery spots onto the north and west coasts much of the day, occasionally slipping inland.
<b>Cloud on the hills?</b>	<b>Fairly extensive at dawn, improving for often clear tops later</b> Fairly extensive over terrain above 800m at dawn, tending to lift and isolate to the high tops into afternoon; tops will regularly be exposed.
<b>Chance of cloud free Munros?</b>	<b>10% at dawn, rising to 70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Little sun in the morning, becoming patchy as cloud clears. Visibility poor for a time early, then becoming very good.
<b>How Cold? (at 900m)</b>	6 or 7C, little change most of the day. Inland towards Great Glen rising towards 8C. Feeling just above freezing in strongest winds.
<b>Freezing Level</b>	Above the summits

	Monday 7 July	Tuesday 8 July
How windy? (On the Munros)  Effect of wind on you?	Northwesterly 25-35mph, lightly easing central and southern areas. Gusty over tops and down east slopes.  <b>Often buffeting gusts over high terrain and downslope, may challenge stability at times. Feeling cool.</b>	Northwesterly, soon westerly, 10-15mph. Rising into the evening to 20-30mph, strongest north.  <b>Mostly small most of the day, though uncomfortable buffeting winds picking up into evening.</b>
How wet? (Precipitation and its impact)	<b>Coastal showers, fading</b>  Some early drizzle in cloud over high tops. Showers drift onto coastal slopes, at times reaching inland. Gradually fading for a dry evening.	<b>Afternoon patchy rain</b>  Patchy rain arrives onto Skye around midday, pushing inland and northward along the coast afternoon. Could become persistently drizzly on coastal slopes for a time, though small rainfall totals. Possibly only local spots on eastern slopes.
Cloud on the hills?          Chance of cloud free Munros?	<b>Increasingly broken to tops, best east</b>  At dawn, fairly extensive over high coastal terrain, patches drifting down windward slopes. Bases likely 900m and up towards Great Glen with breaks. Gradually lifting and breaking, intermittently clearing coastal tops, perhaps often clear well inland. Highest tops near the coast may often  <b>20%, rising to 70% well inland</b>	<b>Well broken for a time, later deteriorating</b>  Banks cling to upper slopes from morning, particularly north/west aspects. Tending to lift, clearing summits at times around midday. Patchy cloud reforming over high ground as rain starts, filling in through afternoon from the west.  <b>Improving to 70%, then reducing to 20%</b>
Sunshine? Air clarity (below cloud)	Glimpses of sun early improving to frequent sun, best east. Good visibility though a haze.	Patchy sun through high cloud on low slopes, deteriorating to mostly cloudy. Very good visibility before rain sets in.
How Cold? (at 900m)  Freezing Level	5C rising to 7C. Ben Wyvis and nearby slopes up to 8C. Feeling like 3C in the wind.  Above the summits	6 or 7C, rising to 9C Skye and coastal slopes. Well inland areas rising up to 11C.  Above the summits

## All mountain areas of Britain from Monday, 7 July, 2025

A generally settled start to the week as high pressure will become dominant across England and Wales Monday and Tuesday. Expect substantially dry conditions here through much of the week with good periods of sunshine. In Scotland, low pressure to the north will facilitate a consistent west-southwesterly wind, driving several weak fronts onto northwestern coasts as the week goes - often cloudy here with periods of rain, tending to be drier with sunny spells in east Scotland. Temperatures will be near average. Some uncertainty about next weekend - fronts are likely to continue drifting towards Scotland and north England, though possibly interrupted by dry and warm air from the continent.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.