

The Northwest Highlands

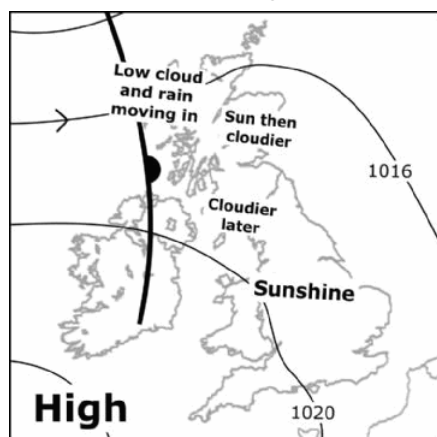
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Tuesday, 8 July, 2025



British Mountain Summary:

Based on forecast chart for noon 8 July, 2025

A bright and sunny morning particularly in the east, then thickening cloud will lower across Scottish mountains from the west, with rain and drizzle developing, persistent in west; wind also increasing. England & Wales sees sunshine then high cloud, lowering onto tops by evening with a little rain arriving.

Headline for The Northwest Highlands

Patchy cloud, then rain and lowering cloud, increasing wind.

Detailed Forecast for Tuesday, 8 July, 2025

How windy? (On the Munros)	Westerly 10-15mph morning, rising from west, during afternoon to 25mph, at times 30mph northern areas toward evening.
Effect of wind on you?	Mostly small morning, becoming more noticeable, starting to affect balance on exposed ridges afternoon-evening.
How wet? (Precipitation and its impact)	Afternoon patchy rain and drizzle Patchy rain arrives onto Skye around midday, pushing inland and northward along the coast afternoon. Becoming persistently drizzly on coastal slopes, though small rainfall totals. Only local spots on eastern slopes.
Cloud on the hills?	Well broken for a time, later deteriorating Banks cling to upper slopes from morning, particularly north/west aspects. Tending to lift, clearing summits at times around midday. Patchy cloud reforming over high ground as rain starts, filling in through afternoon from the west.
Chance of cloud free Munros?	Improving to 70%, then reducing to 20%
Sunshine? Air clarity (below cloud)	Patchy sun through high cloud on low slopes, deteriorating to mostly cloudy. Very good visibility before rain sets in, then poor.
How Cold? (at 900m)	6 or 7C, rising to 9C Skye and coastal slopes. Well inland areas rising up to 11C.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Wednesday 9 July	Thursday 10 July
How windy? (On the Munros)	West to southwesterly 20 to 30mph, may reach 35mph tops near/north of Ullapool.	Southwesterly 25 to 40mph, strongest on west coastal mountains, particularly northern areas.
Effect of wind on you?	Blustery on exposed terrain, starting to affect comfortable walking and balance on ridges. Feeling quite cool.	Making walking uncomfortable and challenging balance on exposed ridges. Buffeting gusts through passes.
How wet? (Precipitation and its impact)	Damp in west, light rain Drizzly much of the day west coastal mountains, particularly Skye, some steady light rain for periods, making rock surfaces slippery. Patchier drizzle eastern areas.	Often damp toward west A little drizzly rain western coastal areas, most common on Skye, amounts small, but may persist; rock surfaces remain slippery. An odd drizzly shower moves inland across Sutherland.
Cloud on the hills?	Extensive, lowest west Blanket low cloud throughout the day western mountains, often to lower elevations coastal slopes. Cloud base around 600m inland, to 800m further east with breaks on hills facing North Sea.	Extensive, very low west Blanket low cloud, likely to persist from lower elevations upward near west coast. Cloud base 500-600m well inland, some breaks to 800m easternmost hills.
Chance of cloud free Munros?	10%	10%
Sunshine? Air clarity (below cloud)	Overcast and misty, poor visibility in west. Glimpses of sun toward Moray Firth, good visibility below cloud.	Staying overcast and misty in west, poor visibility. Brighter toward east coast, good visibility below cloud.
How Cold? (at 900m)	8C rising to 10C, humid. Feeling near to freezing directly in wind.	Around 10C, little change all day, locally up to 12C Ben Wyvis area. Feeling near to freezing directly in wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 9 July, 2025

A humid southwesterly wind during midweek produces extensive low cloud across west and northwest Scotland with some drizzly rain. Drier with sun and broken cloud in eastern Scotland, improving in southern areas. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week; higher temperatures and more sunshine extending into Scotland with time. A fine and very warm weekend in prospect, low risk of thundery showers forming toward the west. Cooler with a greater risk of showers early next week.

Forecast issued at 16:00 on Monday, 7 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.