MOUNTAIN WEATHER INFORMATION SERVICE

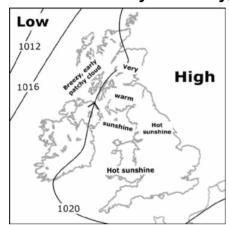
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 11 July, 2025



British Mountain Summary: Based on forecast chart for noon 11 July, 2025

Sunny and very warm across most areas with light or negligible wind beware risk of sunburn and dehydration. Warm temperatures will persist overnight. Temperatures nearer the middle teens on Scotland's west coast in the breeze, some early patchy cloud onto Skye and coastal slopes to the south.

Headline for The Northwest Highlands

Clear and warm; breeze and patchy cloud Skye

Detailed Forecast for Friday, 11 July, 2025

How windy? (On the Munros)	South to southwesterly 25-30mph near west coast, risk up to 35mph at dawn and for a time western Skye. Inland, 20-25mph and generally easing towards 15mph through the day.	
Effect of wind on you?	Comfort and ease of walking impacted in the morning; balance just beginning to be affected near the west coast. Becoming fairly small inland later.	
How wet?	Little or no rain	
(Precipitation and its impact)	Risk of drizzly conditions on high areas of the southern Cuillin and nearby coastal mainland, primarily in the morning.	
Cloud on the hills?	Soon little or no cloud	
	Patchy cloud on coastal slopes in the morning, possibly a few odd patches on high tops inland, burning off through morning. Banks may linger on the southern Cuillin and nearby coastal mainland.	
Chance of cloud free Munros?	Rising to 90%, 80% on the Cuillin	
Sunshine? Air clarity (below cloud)	Widespread sunshine through high-level cloud; beware sunburn and dehydration. Excellent visibility.	
How Cold? (at 900m)	11C in the morning, rising to 14 to 16C in the afternoon, coolest near the west coast. Feeling below 10C in strongest wind.	
Freezing Level	Well above the summits. (Little change of temperature overnight on high ground, possibly slight increase.)	

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The Northwest Highlands - Looking Ahead

	Saturday 12 July	Sunday 13 July
How windy? (On the Munros) Effect of wind on you?	Southerly 25mph on Skye; 10-15mph inland, lowest near Ben Wyvis. Turning southeasterly later. Comfort of walking affected at times near the west coast. Small or negligible effect inland from the west coast.	Southeasterly 15-20mph, gentler and variable winds around Wester Ross early. Fairly small
How wet? (Precipitation and its impact)	No rain	No rain expected
Cloud on the hills?	Cloud not expected	No cloud expected
Chance of cloud free Munros?	Almost certain	Above 90%
Sunshine? Air clarity (below cloud)	Widespread strong sunshine; beware sunburn, dehydration and heatstroke. Excellent visibility.	Widely sunny most of the day, some middle and high cloud forming late in the day. Excellent visibility.
How Cold? (at 900m)	16C rising to 20C by mid-afternoon, remaining warm overnight on high ground.	18 or 19C, little change through the day.
Freezing Level	Well above the summits. (Valley temperatures around 26C in the afternoon.)	Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 12 July, 2025

Very warm or hot conditions this weekend in the mountains and the valleys, with extreme risk of wildfire in Scotland; beware dehydration and sunburn. Light winds and very little cloud.

Low pressure returns late Sunday into Monday bringing rain to most, risk heavy or thunderstorms north England and Scotland. Temperatures will cool towards average and often raining for the first half of the week. Becoming more mixed from mid-week as pressure goes slack and Atlantic fronts make only weak pushes from the west. Patchy rain and cloud will come and go with the best opportunities for sun in north and western areas.

Forecast issued at 16:08 on Thursday, 10 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.