

The Northwest Highlands

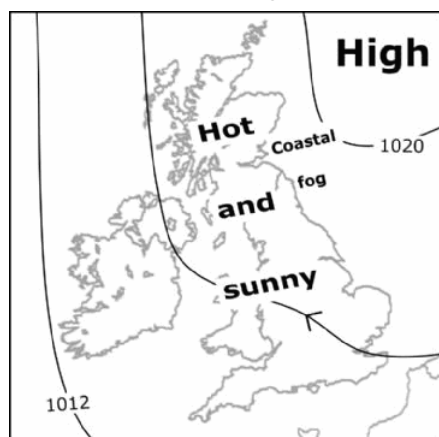
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Saturday, 12 July, 2025



British Mountain Summary:

Based on forecast chart for noon 12 July, 2025

Hot everywhere, rising to 30C in valleys widely by early afternoon, slightly cooler easternmost areas. Unbroken sunshine dawn til dusk. Light winds, though breezier west coast of Scotland, particularly on islands. Very dry ground conditions - high fire risk.

Headline for The Northwest Highlands

Hot sunshine. Breezy around Skye.

Detailed Forecast for Saturday, 12 July, 2025

How windy? (On the Munros)	Southerly 25mph on Skye, 15-20mph on coastal hills in Wester Ross; 10-15mph inland, lowest near Ben Wyvis. Turning southeasterly later.
Effect of wind on you?	Ease of walking affected at times on Cuillin ridge. Small or negligible effect inland from the west coast.
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Cloud not expected
Chance of cloud free Munros?	100%
Sunshine? Air clarity (below cloud)	Widespread strong sunshine; beware sunburn, dehydration and heatstroke. Excellent visibility.
How Cold? (at 900m)	16C rising to 20C by mid-afternoon, local 22C western mainland, remaining warm overnight on high ground.
Freezing Level	Well above the summits. (Valley temperatures around 27C in the afternoon, particularly west may approach 30C.)

The Northwest Highlands - Looking Ahead

	Sunday 13 July	Monday 14 July
How windy? (On the Munros) Effect of wind on you?	Southeasterly 15-20mph, gentler and variable winds around Wester Ross in the morning. Fairly small	Southeasterly 25 to 40mph, speeds likely to vary during day, very gusty for a period. Later S-SW'ly 20-30mph. Affecting comfortable walking and balance on exposed terrain; risk of buffeting gusts, more challenging conditions for a time.
How wet? (Precipitation and its impact)	No rain expected	Largely dry, but risk thundery rain later Some misty drizzle over hills toward east, but western hills generally dry. Possibility of thundery rain moving in from the south, but this may not extend into the region until late in the day.
Cloud on the hills?	Hills clear	Low cloud east, little in west much of day Covering hills to lower elevations in east, possibly more widely over northern areas. Further west clearer, patchy cloud some slopes. If rain develops, cloud lowering across hills widely.
Chance of cloud free Munros?	Above 90%	30% north/east, to 70% west.
Sunshine? Air clarity (below cloud)	Widely sunny most of the day, some middle and high cloud forming late in the day. Excellent visibility.	Sun mostly in west, high cloud tending to thicken and cloud over. Misty in east, very good visibility west, reducing if rain develops.
How Cold? (at 900m) Freezing Level	18 or 19C, little change through the day. Above the summits	12 to 15C, warmest in west. May start to drop later in day. Above the summits

Planning Outlook

All mountain areas of Britain from Sunday, 13 July, 2025

Lowering pressure from southwest late Sunday into Monday bringing increasing risk bursts of rain and thunderstorms to start the new week, strong and gusty southerly winds. Temperatures will cool towards average. Pressure goes slack and winds fall light into midweek. A risk of heavy rain moving across England and Wales in particular on Tuesday.

Low pressure is likely to be more common in the extended outlook with slow-moving areas of showery rain, some thundery bursts locally, interspersed with drier days.

Forecast issued at 16:00 on Friday, 11 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.