MOUNTAIN WEATHER INFORMATION SERVICE

The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 16 July, 2025



British Mountain Summary: Based on forecast chart for noon 16 July, 2025

Fine much of the day for many areas, cloud covering some hill slopes in the morning, tending to lift above many summits. A little patchy rain mostly southern Scotland and northern England in the morning, tending to fade. Isolated showers into afternoon. Mostly light winds.

Headline for The Northwest Highlands

Largely dry, chance a shower; early low-level cloud. Light wind.

Detailed Forecast for Wednesday, 16 July, 2025

How windy? (On the Munros)	Southeasterly or variable direction, 10-15mph northern areas, often less toward Skye and Great Glen.	
Effect of wind on you?	Negligible	
How wet?	Rain unlikely	
(Precipitation and its impact)	Chance of an isolated shower, mainly inland afternoon.	
Cloud on the hills?	Early low cloud banks, tops mostly clear	
	Areas of low level cloud around coastal areas which may be slow to clear in morning, higher terrain above this cloud sheet. Some cloud banks drifting upslope, tending to disperse, but locally may linger in north.	
Chance of cloud free Munros?	80%	
Sunshine? Air clarity (below cloud)	Areas of cloud and sun, some coastal hills misty to mid slopes, but visibility excellent out of cloud.	
How Cold? (at 900m)	10 to 12C, locally 14C well inland afternoon.	
Freezing Level	Above the summits	

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The Northwest Highlands - Looking Ahead

	Thursday 17 July	Friday 18 July
How windy? (On the Munros)	South or southeasterly, 15 to 25mph, strongest around Skye and nearby coast on the mainland, at times 30mph.	Southerly 20 to 30mph, strongest on and nearest to Skye.
Effect of wind on you?	Blustery on western mountains, affecting balance in places on exposed ridges. Fairly small further north and east.	Breezy over higher slopes, more blustery Skye where affecting comfortable walking and balance on exposed ridges.
How wet?	Rain and drizzle	Patchy rain and showery bursts
(Precipitation and its impact)	Drizzle most frequent on Skye, feeling damp much of day where in cloud. Occasional pulses of steadier rain moving northwards, tending to set in with time on western hills. Dry for longer north/east.	Rain or drizzle on and off, more frequent near Skye. Some heavier showery pulses of rain drifting northeastwards across the region, by later afternoon likely focused on the mainland near/north of Ullapool.
Cloud on the hills?	Murky around Skye, clearer north/east	Lowest and most persistent Skye
	Low cloud persistent across Skye and coastal Wester Ross, may fill in west coastal hills further north too. Covering Cuillin to lower elevations southern areas. Inland Sutherland generally much clearer.	Covering slopes above 600-800m around Skye and Wester Ross all day, or often lower south Cuillin. Cloud bases typically higher and more broken further inland and northwards, though lowering over tops around rain.
Chance of cloud free Munros?	10% on/near Skye, to 70% north inland.	10% Skye and nearby, to 40% far north.
Sunshine? Air clarity (below cloud)	Little or no sun, at best weak through high cloud toward east. Misty poor visibility west coast near Skye. Generally good eastern areas.	A little weak sun through cloud. Visibility good below cloud, but poor in rain, may be often mistier around Skye.
How Cold? (at 900m)	10 to 12C, increasingly humid.	10C near west coast, locally up to 13C Ben Wyvis to Ben Hope; little change all day.
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Planning Outlook

All mountain areas of Britain from Thursday, 17 July, 2025

Humid air moves in from the southwest on Thursday with drizzly rain and low cloud particularly in western regions. A mixed outlook, as slack low pressure drifts slowly over the British Isles, giving slow-moving showers and increasingly thundery downpours, these most extensive over England and Wales into the weekend. Staying fairly warm, quite humid. Often low wind speeds, but south-southeasterlies may increase at times. By next week, west to southwesterlies likely to prevail, with some rain or drizzle at times mostly western Scotland, often dry further south and east.

Forecast issued at 16:00 on Tuesday, 15 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.