

The Northwest Highlands

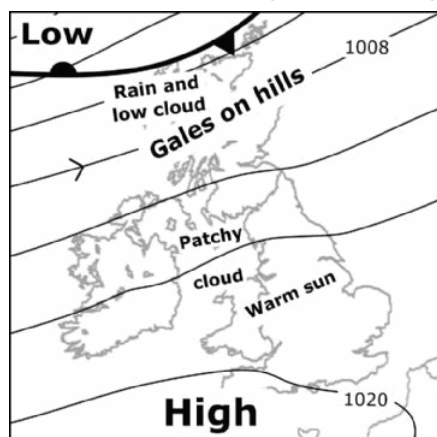
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 8 August, 2025



British Mountain Summary:

Based on forecast chart for noon 8 August, 2025

Gale-force winds persist over higher terrain in Scotland. Rain and drizzle throughout the day toward the northwest, low cloud covering western mountains extensively; higher cloud bases eastwards. Cloud banks common on hills near the Irish Sea, clearer with more sun eastwards over England & Wales.

Headline for The Northwest Highlands

Upland gales, severe high tops. Rain much of the day, low cloud.

Detailed Forecast for Friday, 8 August, 2025

How windy? (On the Munros)	Southwesterly 45 to 55mph, at times 60mph with stronger gusts over high tops, particularly coastal areas in west; tending to increase slightly further later in day, risk 70mph higher tops evening-night.
Effect of wind on you?	Walking widely arduous from mid-heights upward. Forward progress and balance difficult on high terrain; you may be blown over in strong gusts. Significant wind chill.
How wet? (Precipitation and its impact)	Patchy rain, frequent west coasts Rain on and off, frequent or persistent Skye and coastal slopes of Wester Ross, heavy bursts drifting north occasionally. Easing to drizzle for a time toward evening, then heavier rain returning into night.
Cloud on the hills?	Extensive, lowest toward west Widespread above 600m in west with lower banks along coastal slopes, notably south and west Skye. Bases slightly higher well inland with patchy breaks forming to 900m or higher, but highest tops unlikely to clear.
Chance of cloud free Munros?	Below 10% on/near Skye; 20% east.
Sunshine? Air clarity (below cloud)	Patchy sun eastern hills; little sun expected near the west coast. Visibility limited by haze and rain.
How Cold? (at 900m)	7 or 8C, rising only slightly well inland; little change on coastal slopes. Feeling like -5C in the wind.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Saturday 9 August	Sunday 10 August
How windy? (On the Munros) Effect of wind on you?	Southwesterly 40 to 50mph, up to 60mph on higher areas most likely during morning, northernmost tops may be stronger. Challenging walking over exposed terrain, balance difficult, gusts could knock you over in morning. Considerable wind chill.	Westerly 30-40mph for a few hours from dawn, easing a little 20-25mph, turning southwesterly; by evening 40-45mph. Blustery and feeling cold early in day, lessening through middle of day, but into evening likely to deteriorate.
How wet? (Precipitation and its impact)	Showery, wettest in west Heavy overnight rain clears south around dawn, but showery rain follows throughout the daytime, risk frequent rain continuing around Skye.	Drizzle west, rain later Drizzly showers on and off near west coast for a few hours, mostly morning, fading. Toward evening, likely more persistent rain moving in from southwest, heavier from dusk into night, soonest Skye.
Cloud on the hills? Chance of cloud free Munros?	Extensive, some rise of base Shrouding the mountains widely early morning, to lower elevations in west around Skye. Cloud base lifting, some breaks above 800m mostly inland/east, but often covering western tops all day. 20%	Lowest west, some breaks afternoon Cloud banks fairly persistent on west coastal mountains in the morning, to some mid-slopes. Cloud more broken inland and north, but patches often capping tops. Some breaks forming afternoon, then cloud lowering evening. 20% west coast, 40% inland.
Sunshine? Air clarity (below cloud)	Glimpses of sun, mostly east. Hazy, visibility reduced further during rain.	Glimpses of sun mostly eastern areas. Misty morning around west coast hills, visibility good below cloud elsewhere.
How Cold? (at 900m) Freezing Level	7C. Feeling like -5 to -8C in wind on tops. Above the summits	6 or 7C, rising a little inland afternoon, and slightly warmer onward into evening. Feeling below freezing in wind in morning. Above the summits

Planning Outlook

All mountain areas of Britain from Saturday, 9 August, 2025

A mixed southwesterly weather pattern prevails. Often windy, especially Scotland. Fronts coming in from the Atlantic bringing periods of rain most frequently in west and northwest Scotland. Small amounts of rain reaching eastern Scotland, more often dry. Patchier and less frequent rain for western England and Wales - higher pressure building for periods to give drier and warmer weather here. Low cloud often shrouding western tops, sometimes to lower elevations near coasts, higher cloud bases eastwards with better breaks.

Forecast issued at 16:00 on Thursday, 7 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.