

# The Northwest Highlands

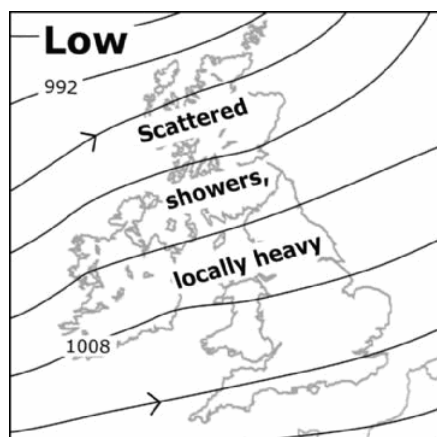
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Friday, 12 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 12 September, 2025

Buffeting south-westerly winds will bring a chill across the mountains with showers; these most frequent in the west, well scattered elsewhere. Some heavy and possible hail and thunder. Cloud frequent on western tops, clearer in the east.

### Headline for The Northwest Highlands

Showers, frequent west coast where hill fog widely. Risk thunder. Windy and chilly.

## Detailed Forecast for Friday, 12 September, 2025

<b>How windy? (On the Munros)</b>	Southwesterly 25-35mph during daytime. At or before dawn, 40-45mph northern areas.
<b>Effect of wind on you?</b>	<b>Strenuous walking in exposure, affecting balance on tops and ridges. More widely challenging early and late. Feeling chilly.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Heavy showers, often raining Skye</b> Frequent showers along west coast near Torridon, periods of constant rain Skye. Drier start inland, then increasingly showery for several hours afternoon, at times merging into broader areas of rain with hail/thunderous periods.
<b>Cloud on the hills?</b>	<b>Persistent near Skye, some breaks inland</b> Extensive on Skye and nearby from middle slopes up. Similarly low bases but more broken further north, some higher bases well inland. Some breaks to inland tops for a time, cloud returns more extensively around showers.
<b>Chance of cloud free Munros?</b>	<b>50% inland, 10% west coast</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sunshine well inland, clouding over at times. Little or no sun west coast. Good visibility for a time inland, deteriorating as showers arrive.
<b>How Cold? (at 900m)</b>	5C. Feeling like -5C or cooler in direct wind.
<b>Freezing Level</b>	Above the summits

	Saturday 13 September	Sunday 14 September
How windy? (On the Munros)  Effect of wind on you?	South turning southwesterly, speeds varied 20 to 30mph, at times 35mph, but a few hours of lower speeds middle of day.  <b>Blustery winds for periods, affecting ease of walking and balance in exposure; smaller for a time. Marked wind chill.</b>	South-westerly, backing south to south-easterly, 10 to 20mph, lifting to 30-35mph by dusk when increasingly  <b>Mostly small for several hours, but will likely become arduous later in the day with considerable buffeting and chill.</b>
How wet? (Precipitation and its impact)	<b>Showers, some heavy</b>  Clusters of showery rain, most frequent over coastal mountains near Skye. Some heavy bursts, risk of hail and thunder.	<b>May be dry for several hours</b>  Likely dry through the morning, and perhaps until dusk toward Ben Hope and Wyvis, but rain moving into Skye and southern mainland hills by mid afternoon.
Cloud on the hills?	<b>Most frequent west and Skye</b>  Often covering higher western mountains, cloud base changing quickly in and out of showers. Some breaks toward tops mainly far north and eastern areas.	<b>Patchy coverage Skye/southern hills.</b>  Patches of banks over higher tops Skye and over into southern hills of mainland. Later more extensive in rain. Elsewhere, good breaks, bar ragged patches.
Chance of cloud free Munros?	<b>30%</b>	<b>80%, but lowering to 40% Skye/south.</b>
Sunshine? Air clarity (below cloud)	Brief glimpses of sun, most in north/east. Visibility very good where dry, but reduced to poor in rain.	Patchy sun, turning hazy as high cloud moves in, later overcast especially in south. Visibility very good, poor in rain in south.
How Cold? (at 900m)  Freezing Level	4 or 5C. Feeling like -5C directly in the wind on tops.  Above the summits	5C lifting to 7C  Above the summits

**All mountain areas of Britain from Saturday, 13 September, 2025**

Unsettled southwesterlies dominate through the weekend into early next week - often windy with frequent rain, cloud capping the tops. Showery bursts at times with a risk of hail and thunder. Driest and highest cloud bases toward eastern Scotland. Temperatures on the cool side, often feeling below freezing in exposure to wind on higher terrain. During Sunday and into Monday, a deeper Atlantic low is expected to move in, bringing more extensive heavy rain and gales - the strongest wind probably focused on England & Wales. Some improvement expected for a time into middle of next week, but the longer range outlook into late September remains unsettled.

**Forecast issued at 14:50 on Thursday, 11 September, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.