#### MOUNTAIN WEATHER INFORMATION SERVICE

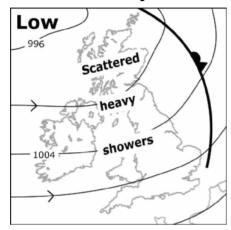
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Saturday, 13 September, 2025



# British Mountain Summary: Based on forecast chart for noon 13 September, 2025

Showery south-westerly airflow across the mountains. Most frequent showers western hills, where they will band into prolonged rain for a time with heavy or even torrential bursts. Scattered heavy showers spreading to eastern mountains too. Risk of thunder. Cloud shrouding western hills, occasional further east.

#### **Headline for The Northwest Highlands**

Early rain, then dry slot before clusters of heavy showers. Hill fog south and west.

### Detailed Forecast for Saturday, 13 September, 2025

How windy? (On the Munros)	Southerly 25 to 30mph from dawn, risk 35mph some tops, but will ease toward and into the afternoon, veering southwesterly 10 to 20mph.	
Effect of wind on you?	Blustery winds from dawn, affecting ease of walking and balance in exposure; Marked wind chill. Becoming mostly small afternoon.	
How wet? (Precipitation and its impact)	Showers, some heavy  Early band of showery rain clearing north in morning. Then a drier slot, before further scattered showers develop; most frequent over Skye and southern mainland hills.  Some heavy bursts, risk of hail and thunder. Showers tending to ease off from the west later in afternoon, may become completely dry from west coast.	
Cloud on the hills?	Most frequent west and Skye, clearer in the north/east.	
	Often covering higher western mountains on and near Skye, cloud base changing quickly in and out of showers. More broken and higher bases in the north up to Ben Hope and eastern areas. Tops clearing there for periods.	
Chance of cloud free Munros?	30%, but lifting to 70% toward Ben Hope/Wyvis.	
Sunshine? Air clarity (below cloud)	Brief glimpses of sun, most in north/east. May become much brighter west coast later.  Visibility very good where dry, but reduced to poor in rain.	
How Cold? (at 900m)	4 or 5C. Feeling like -5C directly in the wind on tops.	
Freezing Level	Above the summits	

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#### The Northwest Highlands - Looking Ahead

	Sunday 14 September	Monday 15 September
How windy? (On the Munros)  Effect of wind on you?	South-westerly, backing south to south-easterly, 10 to 20mph, lifting to 30-35mph by dusk when increasingly Mostly small for several hours, but will likely become arduous later in the day with considerable buffeting and chill.	Low confidence: West to southwesterly 20 to 40mph, but a substantial lull possible, before later veering into the northwest.  Whilst a lull is likely, also for a few hours very blustery if not for a time arduous conditions with significant wind chill.
How wet? (Precipitation and its impact)	May be dry for several hours Likely dry through the morning, and perhaps until dusk toward Ben Hope and Wyvis, but rain moving into Skye and southern mainland hills by mid afternoon.	Increasingly wet  Perhaps a few hours in morning, where largely dry bar some showers, but from the northwest, and swathe of rain is likely to extend in from the west coast.
Cloud on the hills?	Patchy coverage Skye/southern hills.  Patches of banks over higher tops Skye and over into southern hills of mainland.  Later more extensive in rain. Elsewhere, good breaks, bar ragged patches.	Most likely extensive  Very likely hills covering in cloud extensively across upper slopes, and towards the west coast and up to Ben Hope, down to mid slopes increasingly.
Chance of cloud free Munros?	80%, but lowering to 40% Skye/south.	30%
Sunshine? Air clarity (below cloud)	Patchy sun, turning hazy as high cloud moves in, later overcast especially in south.  Visibility very good, poor in rain in south.	Little or no sun.  Visibility sometimes poor due to rain.
How Cold? (at 900m)	5C lifting to 7C	5 to 7C, chilliest early and late in the day.
Freezing Level	Above the summits	Above the summits

#### **Planning Outlook**

#### All mountain areas of Britain from Sunday, 14 September, 2025

Staying unsettled and cyclonic through into next week with temperatures staying on the cool side, often feeling below freezing in exposure to wind on higher terrain.

During Sunday and into Monday, a deeper Atlantic low is expected to move in, bringing more extensive heavy rain northwards and gales - the strongest wind probably focused on England & Wales. Some improvement expected for a time into middle of next week, but the longer range outlook into late September remains unsettled.

#### Forecast issued at 16:29 on Friday, 12 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.